



Interviews

May

2023



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A MEMBER SHARES...

Step 5—The Other Side of The Coin

Step Five followed Step Four in perfect succession. And thank goodness!

I took my lists of resentments, fears, sexual conduct and other harms to my sponsor and went through the entries, one by one, filling in background where necessary. My sponsor listened patiently as I moved across the columns for each item. On a number of the entries, when I got to the columns where I was to identify my part in the situation, my sponsor gently offered perspectives that I didn't have.

For example, I had resentment toward someone to whom I'd loaned money on more than one occasion. Not large amounts, but always in response to a promise that the money would be repaid. It never was.

I couldn't see, without my sponsor pointing it out, that I had been dishonest in this situation!

...Cont'd on Page 2



Round-Up Wrap-Up!

Our new Round-Up space couldn't have been more different than last year's! The Showboat Hotel was huge and family-friendly, with its own Fun Zone and wide halls for strollers. We were given a large corridor with meeting rooms along it and the Hospitality Suite at one end. There was plenty of space to spread out. Sometimes it seemed a little too much as there was a lot of walking! But our members persevered and trudged the road to happy destiny, as we always do.

MERCH

We have t-shirts, hoodies and zip-ups left over. Please call the office if you would like to purchase any of these items.

LOST & FOUND

A set of keys on a distinctive keychain and a purple sweatshirt were turned in. Please call the office if you are missing these.

GOT A PARKING TICKET AT THE SHOWBOAT?

—Call the office for help. The parking vendor is working with us for a limited time.



A MEMBER SHARES...

...CONT'D FROM PAGE 1

I had not been truthful about how bothered I was at being asked for another loan when the first had not been repaid. My sponsor even suggested that the person didn't really understand that it was important to repay the money. Boy, did I jump to argue with that! But I had to concede that, no, I do not have mindreading capabilities, so, no, I could not assume that as fact. The only fact I had was that I never was upfront about my annoyance and I continued to act against my own truth. Therefore, I was dishonest. Wow. That was certainly a new way to look at things!

It was a bit of an effort, too, to keep my focus on only my part, but my sponsor was patient and consistent and I soon became adept at reading that facial expression that told me I needed to look a little deeper at my own motivations, conscious or not, and stop looking at the behavior of others.



Once through the lists, the patterns were pretty obvious. The nature of my fears and the tendency to alleviate those fears through selfish and dishonest behaviors really boiled down to a handful of issues. And these issues were pretty clear to me... I understood them. That meant that I could work on them. I could move on to Step Six by considering how these fears and this dishonesty and selfishness manifested themselves in my choices and my actions. It really did make sense and it really wasn't so awful!

The process of doing Step Five took away some of the guilt and shame that I felt in response to the Fourth Step. I still wished I had done things differently, and that some things had never happened, but that's like wishing that a pickle could, once again, become a cucumber. It's wasted wishing. The process also gave me a foundation for what has become an invaluable tool for me: talking about it. Bringing my thoughts and feelings out into the open with my sponsor and with my trusted friends has provided me more relief over the years than I can describe. My "magical magnifying mind" can warp my thoughts and feelings into things that are completely inappropriate perceptions and proportions. But when I put them out in the open and am given someone else's response to them, they are tamed. They are right-sized. I can become right-sized. This is the gift that Step Five just keeps on giving.

—**Ceased the Fight**— from *The COIN* (Santa Clara County Intergroup Newsletter) May 14, 2014

Step Five

Admitted to God, to ourselves and to another human being the exact nature of our wrongs

Have you ever noticed that the Fifth Step doesn't say that we just admit our wrongs? It says that we admit the **EXACT NATURE** of our wrongs, so we need to do more than just confess what we did. We also need to see **WHY** we did what we did so that we can ask God to help us with it.

It's obvious why we share our inventory with another person—because we are **MASTERS** at believing in our own justifications and half-truths. Aren't we the ones who used to say we didn't have a drinking problem? Didn't we tell ourselves over and over that we were doing fine as we were sinking deeper and deeper into the abyss of alcoholism? Since we're not good judges of character, especially our own, we must confide in someone else. Only **ANOTHER** person can see us as we **REALLY** are. That's why it says that a **SOLITARY** self-appraisal is insufficient.

The One Thing I Need To Know About Step 5:
Others See Us Better Than We Do

The purpose of this Step is to help ease the anxiety, depression, and irritability of hiding the worst parts of us. We are able to rid ourselves of isolation and loneliness. If we don't report to someone on our shortcomings, we become God in our own lives as we did when we drank! **THIS** is the exact nature of our wrongs: **We thought we were God**—we thought we were in charge.

A really effective description of what we used to be like will not list all of the alcohol you drank, or what the consequences of your actions were when you did drink. It will list the many defects of character that had you believe the only solution to your problem **WAS** to drink.

—Breakdown provided by: *TakeThe12.com* at <https://takethe12.org/s5/>

Your 2022-2023 Steering Committee Contact List

Chair—Rachel C: chair@aasepia.org

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Secretary—Sharon B: secretary@aasepia.org

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Chester Zone Coordinator—Kirsten E: cczcoordinator@aasepia.org

Delaware Zone Coordinator—Jim B: dczcoordinator@aasepia.org

Montgomery Zone Coordinator—Joe M: mczcoordinator@aasepia.org

Philadelphia Zone Coordinator—Spencer K: pczcoordinator@aasepia.org



Concept V (Long Form)

Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

Newcomers to A.A.’s General Service Conference are often surprised at the pains taken by the presiding officer to make sure the minority has a second opportunity to present its views. Even after extensive debate on an issue, followed by a vote in which a “substantial unanimity” is reached, those opposed are polled individually to see if they wish to speak further to their minority view. In fact, numerous instances can be cited in which this minority view is so compelling the Conference has then reversed itself.—from the *Twelve Concepts of World Service Illustrated*

Principle of Concept 5: Democracy

This is A.A.’s “Right of Appeal” in action, and Bill says the same principle should apply to meetings of our area committees, trustee committees and boards. On an issue of grave importance, the minority has the actual duty of presenting its views. This “Right of Appeal” recognizes that minorities frequently can be right; that even when they are in error they still perform a most valuable service when they compel a thorough-going debate on important issues. The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority.

—Breakdown provided by Take the Twelve: <https://takethe12.org/c5/>.



Word Scramble

Unscramble the letters to find 14 words associated with the Fifth Step

GOD, STEP, VITAL, BRAVE, SHARE, TRUTH, KINSHIP, HEALING, HONESTY, HUMILITY, MEMORIES, PRESENCE, CONFESSION, WILLINGNESS

Q L D X V L Y E H S L P P A I
 S T E P S T U T H U Y R I X S
 J N M Q S H T A V M O E H W S
 A I V E E V R Z Q M D S S R E
 N I N V O E U D W S B E N B N
 Z O A Z G M M G U K R N I R G
 H R I K H E A L I N G C K O N
 B O H S L X H K V A U E D Z I
 M Y C U S A S E I R O M E M L
 I D D F M E T F A U H P X W L
 H G B A M I F I S Q H S Z L I
 W O F L F M L N V W B J Y T W
 Z U T O L Q Q I O I H T U R T
 O U H K X G S I T C L K L J I
 U W E Q H E J U P Y G O O Z H

TRADITION FIVE (Long Form)

Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.

Overriding Idea of T5:
We only have one purpose

It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away. This Tradition delineates pretty clearly our individual primary purpose, as well as the group’s. Each of us is but a small part of the whole, but by joining A.A.’s primary purpose to our own, we become something bigger than our individual selves.

Step-Tradition Parallel

The relationship of the Fifth Step to the Fifth Tradition is that the Fifth Step taught me the exact nature of my wrongs, “I’m not in charge.” In the Fifth Tradition I learned just the opposite, I learned what my exact nature should be: my talent to carry the message to the alcoholic who still suffers, my primary purpose.—[Takethetwelve.org/T5](https://takethetwelve.org/T5)

Alcoholics
Anonymous®

Alcoholics Anonymous World Services, Inc.

www.aa.org

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400



As of April 3, 2023, the prices of A.A. books, booklets, and pamphlets went up. A.A. World Services (GSO) has raised the prices for the first time in nine years to keep pace with rising paper costs due to a paper shortage, and inflation. SEPIA in turn has had to raise prices to match GSO's, as we sell books at cost.

SEPIA has also raised our prices on the material we create here for the first time. This includes Green Cards and Newcomer Suggestions cards, which are now \$.15 each.

Thank you for your understanding!

Peek of new prices below without tax included

	Current Prices	New Prices
● Big Book (Hard Copy)	\$9.50	\$12.00
● Big Book (Soft Cover)	\$9.10	\$11.00
● Big Book (Large Print)	\$9.50	\$12.00
● Big Book (Abridged)	\$5.00	\$6.00
● 12X12 (Hard Cover)	\$8.90	\$11.00
● 12x12 (Soft Cover)	\$8.25	\$10.00
● 12x12 (Large Print)	\$8.90	\$11.00
● Daily Reflections	\$10.25	\$12.50
● As Bill Sees It (Hard Cover)	\$9.00	\$11.00

EVENTS OUTSIDE THE FIVE-COUNTY AREA

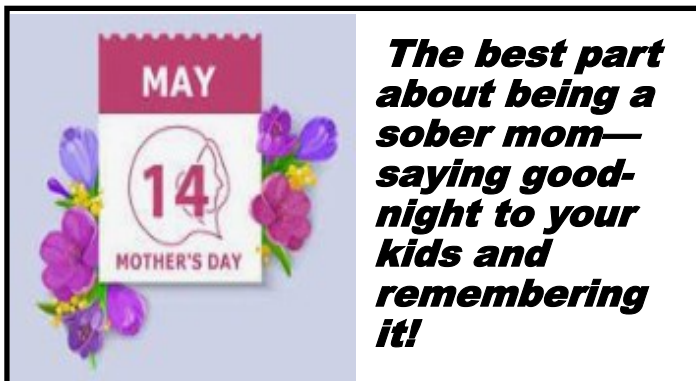
Friday May 5 & Saturday May 6: FIFTH ANNUAL KEYSTONE CONFERENCE: JOURNEY THROUGH THE STEPS 226 S. Washington St., Wilkes-Barre, PA 18701 Info at: <https://keystoneconference.dudaone.com>.

Thursday thru Sunday July 27-30: FELLOWSHIP OF THE SPIRIT YMCA of the Rockies, Estes Park, CO A.A. and Al-Anon speakers every meeting. Info at: <https://www.fots.com/>.

Thursday thru Sunday August 31-September 3: 33rd ANNUAL NATIONAL/ INTERNATIONAL NATIVE AMERICAN INDIAN A.A. CONVENTION Embassy Suites by Hilton Oklahoma City Northeast Oklahoma City, OK 73112. Info at: www.nai-aa.com. All are welcome!

SAVE THE DATE: 2025 INTERNATIONAL CONVENTION: July 3-6, 2025 in Vancouver, BC, Canada. Vancouver will welcome 48,000 A.A. members from around the world! Info at: <https://www.aa.org/international-convention>.





The best part about being a sober mom—saying good-night to your kids and remembering it!

QUOTES FROM SOBER MOMS

We have tools of life to share with our kiddos on how to live theirs.



A sober mom is the best gift we can EVER give to ourselves and our children.



REGISTRATION IS NOW OPEN FOR FOUNDER'S DAY IN AKRON, OHIO

The Birthplace of A.A.!

June 9 to 11th—University of Akron | 302 Buchtel Common | Akron, OH 44325

Visit <https://foundersday.org> for program details and registration information / forms

Intergroup (IGR) Meetings are being held online and/or in-person in May, depending on the county.

—Become an Intergroup Rep (IGR)!—
Contact your Zone Liaison or the SEPIA Office for info.

MONTHLY ZONE MEETINGS

WILL BE HELD MONDAY, MAY 8 AT 7:00 PM

Bucks County Zone meets in person:
 Good Shepherd Lutheran Church
 877 Street Road (at Churchville Road)
 Southampton 18966

Chester County Zone meets online:
Zoom 892 2781 6366 password 266565

Delaware County Zone meets in person:
 HMB Ukrainian Church
 900 Fairview Road
 Swarthmore 19081

Montgomery County Zone meets in person:
 Sanctuary United Methodist Church
 1346 East Prospect Ave
 North Wales 18966

Philadelphia County Zone meets in person:
 Philadelphia Kroc Center Salvation Army
 4200 Wissahickon Ave
 Philadelphia 19129

ROUND-UP RUN-UP

...continued from page 1

We put out the call for volunteers to come to SEPIA on Sunday, April 16th to help prepare the pre-registration packs—over 600 of them. And the fellowship responded! Special thanks to everyone who gave up part of their weekend to help:

- | | | | |
|------------|-------------|------------|------------|
| Kathryn C. | Carmen B. | Margie K. | Maureen C. |
| Glenn S. | Lee G. | Eileen W. | Fran G. |
| Brooke E. | Bonnie B. | Elaine J. | Jay F. |
| Nick P. | Shiva Das | Mike Q. | Kevin B. |
| Sharon B. | Suzanne W. | Mark P. | Rebecca C. |
| Dave C. | Lorraine C. | Abigail S. | Michele M. |
| Sue L. | Rich M. | Rachel C. | |



**This is how we do it!!
Thank you one and all!**

More details on the Round-Up, including financials, will be in next month's Interviews.

EVENTS WITHIN THE FIVE-COUNTY AREA

Visit our website for the most up-to-date information: <https://aasepia.org/news/event-flyers/>

Sunday May 7th—The Montco Bid for PENNSCYPAA presents BINGO & BITES
Love Works Resource Center 740 N. Henderson Rd King of Prussia, 19406. \$20.00 or \$15 for under one year sober. Doors open 3 pm. **Panel A.A. Meeting 3:30 pm** Bingo to follow.



BUCKYPAA@GMAIL.COM

Saturday May 13—Bucks County Host For PENNSCYPAA XXXIV Presents COMEDY NIGHT St. Andrew's Evangelical Lutheran Church 20 Dill Avenue, Perkasie 18944. Doors open 7:30 pm, **Panel A.A. Meeting 8 pm**, Comedy Show 9 pm. \$25-\$35. Info: buckypaa@gmail.com or BIT.LY/BucksComedy.



BIT.LY/BUCKSCOMEDY

Saturday May 20—Mini-Assembly & Delegate's Report: "Our Common Solution—AA's Three Legacies" Tree of Life Church 933 Baltimore Pike, Springfield 19064. **10 am to 2:30 pm**. Report from the Area 59 Delegate, games & skits, lunch provided.

Tuesday May 23—Just For Today Group 11th Anniversary 500 Madison Ave Warminster 18974. 6 pm Food **7 pm Speaker**. Bring a dish or dessert to share!

Friday May 26—North Philadelphia Group Anniversary East Bethel Baptist Church 1333 West Erie Ave Philadelphia 19140. A.A. and Al-Anon speakers **6:30 pm**.

Sunday June 11—SEPIA Unity Cookout Neshaminy State Park, Pavilion No.1 State Road at Dunks Ferry Road, Bensalem 19020. Noon to 5 pm Open A.A. Meeting 2:00 pm. Free hamburgers, hot dogs, soda, water and coffee. Bring a covered side dish to share.

Friday to Sunday July 14 to 16—PENNSYLVANIA STATE CONFERENCE OF YOUNG PEOPLE IN A.A. (PENNSCYPAA) IS COMING TO BUCKS COUNTY! Sheraton Bucks County Langhorne 400 Oxford Valley Rd Langhorne 19047. See <https://buckypaa.wixsite.com/buckypaa>.

Friday July 21—Bus Trip to GSO—See how your GSO & Grapevine dollars carry the message! Leaving 7:30 am from Springfield Mall, 1250 Baltimore Pike, Springfield 19064. \$55. Bring mask & I.D. Reservations: Howard S. 610-909-2317 or Candy S. 215-224-7350 (no texts).

Note: The SEPIA Office will be CLOSED on Monday, May 29th for Memorial Day!

AREA 59 EVENTS

DISTRICT 48 PRESENTS: 12-STEP WORKSHOP—May 6 **9:30 am**. Pine Street UMC 441 Pine Street Williamsport 17701. Facilitator Adam T. (Los Angeles). Lunch provided! Info: www.district48AA.org.

NERASSA 2024 Round Table Planning Meeting—May 13 **Noon to 2 pm**. Tree of Life Church 933 Baltimore Pike Springfield 19064. **ALL A.A. Members are invited and encouraged to attend.** (NERASSA Event will be held in Hershey, PA.) Questions? Email: NERASSA2024chair@area59aa.org.

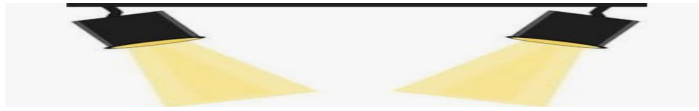
PENNSCYPAA XXXIV State Conference—July 14 to July 16 Sheraton Bucks County Langhorne 400 Oxford Rd Langhorne 19047. Info at: <http://www.pennscypaa.org>.

88TH ANNUAL FOUNDER'S DAY June 9 to 11—Akron, OH. Info & Registration: <https://foundersday.org/>.

SAVE THE DATE: THE NEXT EASTERN PENNSYLVANIA GENERAL SERVICE CONVENTION & ASSEMBLY (EPGSA) will be held **November 10-12**. Info at: <https://area59aa.org/>.

SAVE THE DATE: THE NORTHEAST REGIONAL A.A. SERVICE ASSEMBLY (NERAASA) is coming to Area 59 in 2024! February 22-25, 2024 in Hershey, PA. Info at: <https://www.neraasa.org/>.

**MAY—Fifth Step
Literature Spotlight**



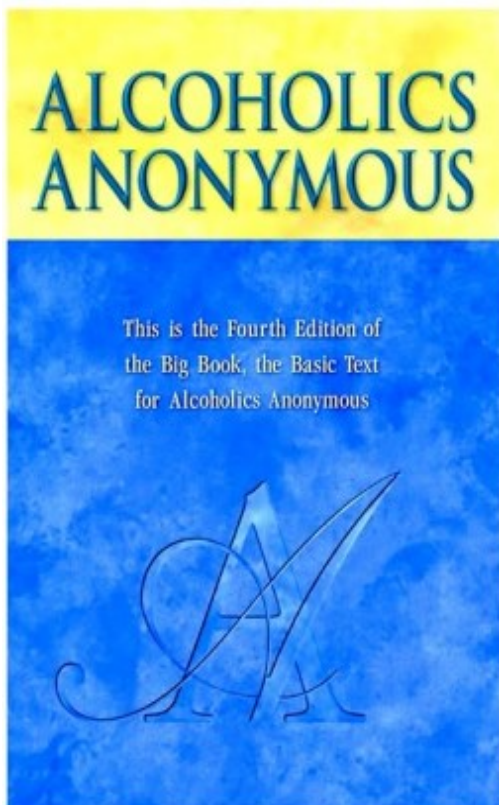
STEP BY STEP
Real AAs, Real Recovery

Step By Step: Real AAs, Real Recovery

Features short articles by A.A. members on their experiences with each of the steps. The Step Five section includes:

- *The Fifth Step—A Way to Stay High* (June 1974)
- *List Our Assets?* (July 1979)
- *A 5,000-Mile Discussion* (December 1982)
- *Ham on Wry* (November 2000)
- *Lifting the Burden* (May 2001)
- *As Real as I Can Be* (May 2003)
- *Ugly Words* (May 2010) —GV-25 \$11.50

Excerpt from *Lifting the Burden*: “I left her [sponsor’s] home that day feeling relieved of a huge burden and also cleansed. Several days later, I realized I hadn’t once thought of the person I’d resented so much. This was a miracle. Through Step Five, God had removed my shame about being an alcoholic as well as the resentment I’d harbored for so long. And that freedom still exists, years later.” —*Teresa P., Syracuse, New York*



There have been many supplemental materials written about the Fifth Step. But all the instructions are clearly laid out in the Big Book, in the chapter: *Into Action*.

Excerpt: “More than most people, the alcoholic leads a double life. He is very much the actor. To the outer world he presents his stage character. This is the one he likes his fellows to see. He wants to enjoy a certain reputation, but knows in his heart he doesn’t deserve it.

“The inconsistency is made worse by the things he does on his sprees. Coming to his senses, he is revolted at certain episodes he vaguely remembers. These memories are a nightmare. . . . As fast as he can, he pushes these memories far inside himself. He hopes they will never see the light of day. He is under constant fear and tension—that makes for more drinking.

We must be entirely honest with someone if we expect to live long or happily in this world.”

—*Alcoholics Anonymous*, p.73-74

B-1A \$12.00

THIS MONTH IN A.A. HISTORY

*** MAY ***

May 1, 1937: Bill and Lois W. lost their home at 182 Clinton St., Brooklyn. They would move over 50 times before finally landing at the Stepping Stones in Katonah, NY in 1941.

May 1, 1940: Rollie H., aka “Rollicking Rollie,” a Major League baseball player whose drinking got him kicked out of four different baseball clubs before he got sober, announced his A.A. membership to the national press. This ignited a heated discussion among the fellowship about the pros and cons of anonymity in the press.

May 4, 1946: Marty M., one of the first women to get sober in A.A., went on “We The People”, one of the first televised talk shows, to discuss Alcoholics Anonymous and the National Committee for Education on Alcoholism, which she founded.

May 6, 1946: The long form of the “Twelve Traditions” was first published in the *AA Grapevine*.

May 11, 1935: In the Mayflower Hotel in Akron, Ohio, a newly sober Bill W. was fighting the urge to drink. He found a phone booth and called religious personnel looking for an alcoholic to work with. He was eventually referred to Henrietta Seiberling, an Oxford Group member, who introduced Bill to Dr. Bob. The rest, so to speak, was history!

May 12, 1935: Mother’s Day—Bill W. and Dr. Bob met for the first time in Akron, Ohio, in the home of Henrietta Seiberling. Their conversation, which was only supposed to last minutes, lasted for hours. After talking to Wilson, Smith stopped drinking and invited Wilson to stay at his home.

May 17, 1942: The Dayton Journal Herald published an article about A.A., with pictures of A.A. members wearing masks to protect their anonymity.

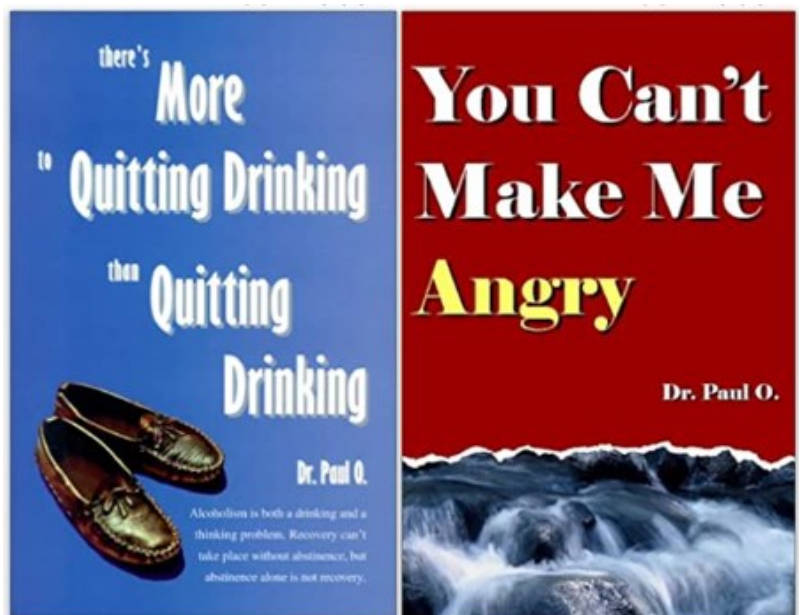
May 19, 2000: Dr. Paul O. died at the age of 83. His story, *Doctor, Alcoholic, Addict*, was retitled *Acceptance Was the Answer* in the Fourth Edition of the Big Book. It is one of the most quoted stories from the Big Book to this day. In addition, he wrote two books called *There’s More to Quitting Drinking than Quitting Drinking* and *You Can’t Make Me Angry* detailing what he learned in A.A.

May 29, 1980: *Dr. Bob and the Good Oldtimers*, the official biography of the A.A. co-founder, which includes a history of A.A. in its early days in the Midwest, was published.

May 31, 1938: Bill W. and other A.A.’s began writing the Big Book to help carry the message of recovery all over the country.



The Dayton Journal Herald, May 17, 1942



Show Us Your Meeting Room!



Last Stop Group

Somerset & Kensington Aves, Philadelphia

Several meetings every day

Send pictures of your meeting room (no people in the photos, please!) to: manager@aasepia.org. Your home group's room might be featured in a future issue of *Interviews!*

HELP US HELP THE NEXT SUFFERING ALCOHOLIC

We need your help to keep our directory up to date! Please take a moment to check your group's information on our website, and contact us with any updates or corrections. We want to be sure that newcomers are getting accurate meeting information!

Even if you have updated your information with your DCM or Registrar, PLEASE double-check it on our website, as this is what is reflected in the Meeting Guide App!

SEPIA's Committee Meetings are open to IGR's and all interested A.A. Members! Get involved and make a difference!



Committee Meetings for the month of May 2023 are in-person and/or online depending on the group conscience of the committee.

See page 13 for the details.

<p>Archives Archives preserves documents, assembles group histories, tapes the stories of members with 20+ years, and makes presentations to groups about the history of A.A. in Philadelphia.</p>	<p>Tuesday – May 9 at 7 pm Saturday – May 20 at 9 am for Preservation Work</p>
<p>Cooperation With The Professional Community (CPC) Helps police, medical, and other professionals understand what A.A. is and how it can help their clients.</p>	<p>Monday – May 1 at 7 pm</p>
<p>Finance Makes recommendations to the Steering Committee and SEPIA office how best to spend Seventh Tradition donations.</p>	<p>Thursday – May 18 at 7 pm</p>
<p>Interphones and Helping Unite the Sick, Shut-in, Hospitalized and Homebound (HUSHH) -Meets even months only Interphones ensures that A.A. is always there by taking calls when the office is closed. HUSHH takes meetings to those unable to attend them.</p>	<p>No meeting this month (Meets last Wednesday of even months at 7 pm)</p>
<p>Prisons and Temporary Contact Members take A.A. meetings to prisoners behind the walls. Temporary Contact introduces new A.A.'s coming out of prison to our program and escorts them to meetings.</p>	<p>Thursday – May 4 6 pm</p>
<p>Public Information (PI) Conveys information about A.A. to the general public through flyers, mailings, radio spots, health fairs, etc.</p>	<p>Wednesday – May 17 7 pm</p>
<p>Special Events Plans the annual spring Round-Up, the May Share-A-Day event, Breakfasts and more.</p>	<p>Monday – May 29 7 pm</p>
<p>Treatment Facilities (TF) and Bridging the Gap Treatment committee members establish and oversee A.A. meetings at detoxes and rehabs. Bridging the Gap connects members leaving facilities to meetings in their area.</p>	<p>Monday – May 15 7 pm</p>
<p>Unity Provides information about service opportunities outside the homegroup to groups when invited; plans summer picnic and fall workshop.</p>	<p>Tuesday – May 16 7 pm</p>
<p>Web/Tech Ad Hoc Committee An offshoot of Public Information (PI), Web/Tech programs and manages the website, and provides tech advice and IT support for the SEPIA office.</p>	<p>Wednesday – May 3 5:30 pm</p>

AA GRAPEVINE
The International Journal of Alcoholics Anonymous

**The Home Group:
Heartbeat of AA**
- 30th Anniversary Edition is available now!



**THE HOME GROUP:
HEARTBEAT OF AA**

From AA Grapevine, updated with extra stories and a new chapter on virtual meetings

The 30th Anniversary Edition is a collection of previously published stories from AA *Grapevine*, the International Journal of Alcoholics Anonymous. AA members share moving experiences about the importance and joys of belonging to an AA group. This updated anniversary edition includes extra stories and a brand-new chapter on meetings using technology, showing how members have adapted to meet new challenges. A great way to start an AA meeting.—Order yours today at <https://store.aasepia.org/> or call 215-923-7900.

GRAPEVINE

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**Grapevine Magazine and
get a FREE BOOK**
(retail value \$11.50)

SUBSCRIBE

For a **limited time**, **subscribe** to *Grapevine* for one year **AND** get a **FREE** copy of **One on One: AA Sponsorship in Action**, *Grapevine's* best-selling 123-page book. **One on One** retails for \$11.50, but it's yours for **FREE**, with your paid subscription. Visit: <https://www.aagrapevine.org> for more information.

In **One on One**, you'll find sincere and uplifting stories from contributors to *Grapevine* magazine about the joys and challenges of sponsorship, the many ways it takes shape, and how it's considered to be vital to staying sober and to live a happy life. A great gift for a newcomer—or a long-timer!

May 2023



All A.A. members are encouraged to join a committee and help carry the A.A. message.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CPC Committee 7 PM	2	3 Website Tech 5:30 PM Steering 7 PM (closed)	4 Temporary Contact & Prisons Committee 6 PM	5 SEPIA Noon Meeting 12 PM	6
7	8 All Five County Zone Meetings 7 PM (see below for locations)	9 Archives Committee 7 PM	10	11	12 SEPIA Noon Meeting 12 PM	13
14	15 Treatment & Bridging The Gap Committees 7 PM	16 Unity Committee 7 PM	17 PI Committee 7 PM	18 Finance Committee 7 PM	19 SEPIA Noon Meeting 12 PM	20 Archives Preservation 9 AM
21	22	23	24	25	26 SEPIA Noon Meeting 12 PM	27
28	29 Special Events Committee 7 PM	30	31			

Bucks County: Good Shepherd Lutheran Church 877 Street Rd (& Churchville/Knowles), Southampton 18966

Chester County: Online via Zoom ID: 892 2781 6366 Passcode: 266565

Delaware County: HMB Ukrainian Church 900 Fairview Rd, Swarthmore 19081

Montgomery County: Sanctuary United Methodist Church 1346 East Prospect Ave, North Wales 18966

Philadelphia County: Phila Kroc Center Salvation Army 4200 Wissahickon Ave, Philadelphia 19129

SEPIA Online Committee and Zone Meetings - November 1, 2022 - October 31, 2023

Committee Name	Day	Date	Time	Meeting ID	Passcode	Link	Dial-In #
CPC COMMITTEE (Hybrid)	Monday	5-1-2023	7:00 PM	869 6733 4672 (Zoom)	SEPIA1903	https://us02web.zoom.us/j/86967334672?pwd=ZkwvOHYvZ3M3a2NoaHMrsGNGK1duZz09	646-558-8656
WEB/TECH COMMITTEE (Hybrid)	Wednesday	5-3-2023	5:30 PM	215 1234 215	580960	https://us02web.zoom.us/j/84021793007?pwd=SGdERXBndTlzVkhpTitEVzRqVEVrdz09	646-558-8656
PRISON COMMITTEE (Hybrid)	Thursday	5-4-2023	6:00 PM	897 4545 6774 (Zoom)	SEPIA	https://us02web.zoom.us/j/89745456774?pwd=MEVuVzRiRiR1SmxLMIF3a2FLa3VuUT09	646-558-8656
BUCKS COUNTY ZONE	Monday	5-8-2023	7:00 PM	In Person		Good Shepherd Lutheran Church, 877 Street Rd (& Churchville/Knowles), Southampton 18966	
CHESTER COUNTY ZONE	Monday	5-8-2023	7:00 PM	892 2781 6366 (Zoom)	266565	https://us02web.zoom.us/j/89227816366?pwd=SzBhR0pZUJjVeklzT21HZDRKRkhnZz09	646-558-8656
DELAWARE COUNTY	Monday	5-8-2023	7:00 PM	In Person		Hmb Ukranian Church, 900 Fairview Rd, Swarthmore, 19081	
MONTGOMERY COUNTY	Monday	5-8-2023	7:00 PM	In Person		Sanctuary United Methodist Church, 1346 East Prospect Ave, North Wales 19454	
PHILADELPHIA ZONE	Monday	5-8-2023	7:00 PM	In Person		Philadelphia Kroc Center Salvation Army 4200 Wissahickon Ave Philadelphia 19129	
ARCHIVES COMMITTEE (Hybrid)	Tuesday	5-9-2023	7:00 PM	832 4414 8913 (Zoom)	SEPIA	https://us02web.zoom.us/j/83244148913?pwd=b2JqbmlzQ0dBOVJURiJLMDNRYy9lQT09	646-558-8656
ARCHIVES COMMITTEE	Saturday	5-20-2023	9:00am	In Person		SEPIA Office 1903 South Broad Street 2nd Floor Philadelphia 19148	
INTERPHONES	Wednesday	6-28-2023	7:00 PM	822 1987 3872 (Zoom)	SEPIA	https://us02web.zoom.us/j/82219873872?pwd=UG5VR0lvMHJTRXAvUm5OQXE4Q0tNQT09	646-558-8656
PUBLIC INFORMATION (PI)	Wednesday	5-17-2023	7:00 PM	882 5844 9206 (Zoom)	SEPIA	https://us02web.zoom.us/j/88258449206?pwd=cWlPd2ZSUllvWHcvbndyeXA4SFAwUT09	646-558-8656
TREATMENT FACILITIES (Hybrid)	Monday	5-15-2023	7:00 PM	881 4239 6509 (Zoom)	805478	https://us02web.zoom.us/j/88142396509?pwd=ZU00WmFMWnRjSWt5VXJUU3NBdExtZz09	646-558-8656
UNITY COMMITTEE	Tuesday	5-16-2023	7:00 PM	896 4619 2235 (Zoom)	SEPIA	https://us02web.zoom.us/j/89646192235?pwd=VTRHdXRnNjNKZmxHZXJPeTitaGZNUt09	646-558-8656
FINANCE	Thursday	5-18-2023	7:00 PM	842 4075 5543 (Zoom)	SEPIA	https://us02web.zoom.us/j/84240755543?pwd=ejJlZEFMTjllEjND6cHUxVmF1ci9DZz09	646-558-8656
SPECIAL EVENTS	Monday	5-29-2023	7:00 PM	834 2923 8954 (Zoom)	797795	https://us02web.zoom.us/j/83429238954?pwd=c2l2N05jbGFGMFPxQTl5TTdjU0FMUT09	646-558-8656

March Contributions

Date	Name	Balance	Date	Name	Balance
4/7	# 713353 Black Horse D38	100.00	4/12	Langhorne Sunrisers	556.00
3/29	011599	100.00	3/29	Language of the Heart-2	80.00
4/3	10 at 11_30 Group	175.00	4/7	Last Stop	670.00
3/29	707 Literature	1,000.00	3/29	Lee Ann Ahern	25.00
3/29	A VIsion For You	200.00	4/12	Life or Death	380.00
4/12	AA Sober First	1,081.26	3/29	Ludwigs Corner	642.00
4/7	Any Length	34.50	3/24	Manayunk Big Book	250.00
4/14	Aston Tuesday Night	75.00	3/28	Marion W	5.00
4/14	Auc-tus	500.00	4/3	Maureen M	50.00
4/21	Bill S	25.00	4/19	Mayfair Holmesburg	200.00
3/29	Breakfast Club	147.94	4/3	Media Frst Things First	500.00
4/7	Brenda Clark	33.00	4/17	Media Men's	1.00
3/29	Cedars Group	500.00	4/17	Meditation on the Steps	75.00
3/29	Charity	131.00	4/19	Michael L	100.00
4/12	Church Street Group	159.02	4/12	Mid Day Miracles-V	292.90
4/7	Conscious Contact	100.00	4/12	Mill Creek Morning	450.00
4/7	Day By Day	34.00	3/29	Morrell Park Womens	100.00
4/12	Debra M	200.00	4/12	Narberth Midday	1,750.00
4/7	Devon Sat Morning	350.79	3/29	Network For Good	5.00
3/29	Downingtown BBSS	158.00	4/12	Never Give Up	200.00
4/7	Doylestown	80.00	4/6	New Chester Group	120.00
4/3	Doylestown Friday Noon Step	171.57	4/12	North Wales Nooners	1,000.00
4/12	Drexel Hill As Bill Sees It	350.00	3/29	Open Sesame	750.00
3/25	Early Night Out	1,000.00	4/12	Oreland Beginners	840.00
3/28	Elizabeth Ivey	10.00	4/3	Pauline H	50.00
4/12	Expect A Miracle	500.00	3/28	Phillip S	131.28
4/7	Eye Openers	470.50	4/3	Phyllis K	5.00
4/12	Feasterville Group	400.00	3/26	Prospects for Sobriety	60.00
4/12	Feels Like Home	50.00	4/7	Riverside Group	100.00
4/3	First Call Group	738.00	3/29	Russian Speaking-Vlad S	250.00
4/12	Foglifters	400.00	4/7	Sara F	25.00
3/29	Found the Steps	100.00	4/15	Saturday Serenity	10.00
3/26	Franklintown	200.00	4/5	Serenity	435.00
3/29	Fred S	100.00	3/28	Serenity - 376936	150.00
4/12	Freedom in the Park	199.79	4/3	Shakey M	25.00
4/7	Freedom Through the Steps	925.00	4/12	Sobriety at 7	420.00
3/30	Gas Works	410.00	4/7	Solution Seekers	360.00
4/6	Gladwynners	400.00	4/3	Souderton	350.00
4/8	Glenn S	150.00	3/29	Steps we Took	246.50
4/7	Good Morning Group	70.00	4/5	Tacony	300.00
3/29	Good News Group	250.00	3/29	The Wawa Group	30.00
3/29	GOYA	150.00	4/12	This is Not a Dress Rehearsal	118.00
4/12	Hair of the Dog	500.00	3/29	Thomas Sunday	70.00
4/3	Happy Hour Bucks County	75.00	4/15	Today's Journey	75.00
4/7	Hartsville Courtyard Group	1,533.00	4/7	Top of the Hill	407.52
4/12	Hilltown Saturday Night	150.00	4/7	Twisted Sisters	431.50
4/5	Hope on Girard	445.00	3/25	Unity Group	100.00
4/3	It Works It Really Does	450.00	3/29	West Chester Group	75.00
4/7	Ivyland Meeting of Hope	200.00	3/29	Whatever It Takes	192.12
3/29	Ivyland Women's Step	25.00	3/29	Why Me	300.00
4/3	Jack S	100.00	4/3	Women's Lakeside Group	30.00
4/3	JAM	100.00	3/29	Women In Recovery Doylestown	240.00
3/29	Jillee R	10.00	4/12	Women of Grace	95.00
4/16	Just for Today	135.00	3/25	Women of Hopoe Online	125.00
4/11	Karen D'Antonio	25.00	3/29	Women of Hopoe Online	250.00
4/3	Keep It Simple	550.00	4/12	Women Seeking Serenity	100.00
4/3	Key of Willingness	70.00	4/9	Young Men's Northeast	125.00

TOTAL = 30,159

CORRECTIONAL FACILITIES NEEDS YOUR SUPPORT

PLEASE JOIN US IN CARRYING THE MESSAGE TO THE INMATE BEHIND THE WALLS

OUR COMMITTEE HAS BEEN SUCCESSFUL IN HELPING MANY NEW A.A.'S IN THE CORRECTIONAL INSTITUTIONS TO FIND SOBRIETY AND HELP THEM GET COMFORTABLE IN A.A.

STATISTICS SHOW THAT APPROXIMATELY 80% OF INMATES SHOULD BE CLASSIFIED AS ALCOHOLICS, AND WE MAY BE THE ONLY OPPORTUNITY THEY HAVE TO HEAR THE A.A. MESSAGE.

COMMITTEE MEMBER RESPONSIBILITIES:

1. ONE (1) YEARS OF CONTINUOUS SOBRIETY TO CHAIR A MEETING.
2. SIX (6) MONTHS OF CONTINUOUS SOBRIETY TO SPEAK AT A MTG.
3. PRISON COMMITMENTS ARE INDIVIDUAL COMMITMENTS NOT GROUP COMMITMENTS.

**WE MEET ON THE FIRST THURSDAY OF EVERY MONTH AT THE
INTERGROUP OFFICE (1903 S. Broad Street Phila Pa 19148)
QUESTIONS? CALL (215) 923-7900**

NAME: _____

ADDRESS: _____

PHONE: _____ BEST TIME TO CALL: _____

DATE OF SOBRIETY: _____ A.A. GROUP NAME: _____

SIGNATURE: _____



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Warm regards,

SEPIA Staff

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JUST FOR TODAY

11th

ANNIVERSARY MEETING

MAY 23, 2023

6pm- Food, Fun, Fellowship

7pm- Speaker Meeting

500 Madison Avenue

Warminster PA, 18974



Bring a dish or dessert to share!

Fifth Annual
KEYSTONE CONFERENCE

May 5 & 6, 2023

Live, In-person Event!

"Journey Through the Steps"

Scott L. - Nashville TN

Joe C. - Palm Coast, FL

Chris B. - Riverton, NJ

Voice: Samantha G.

- Scranton, PA



St. Nicholas Church

226 S. Washington St, Wilkes-Barre, PA 18701

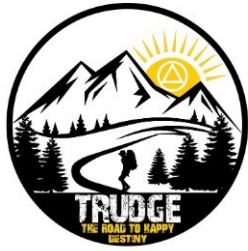


Registration and more information:

<https://keystoneconference.dudaone.com>

Email: keystonewb@gmail.com

Phone: Jerry F. 570-362-8972



The MontCo Bid For Pennscypaa

PRESENTS

BINGO & Bites

DOORS OPEN 3PM

PANEL MEETING 3:30PM

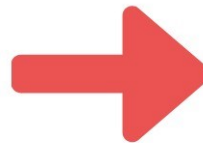
BINGO TO FOLLOW

\$20 for Bites Buffet and pack of BINGO sheets for every round

\$15 for under 1 year sober

Awesome prizes for bingo winners

PRE-REGISTER FOR \$5 DISCOUNT



SCAN ME

Sunday May 7

LOVE WORKS RESOURCE CENTER
740 NORTH HENDERSON ROAD,
KING OF PRUSSIA, PA 19406



NERAASA 2024 Planning Meeting

May 13, 2023 @ 12:00 PM - 2:00 PM



Tree of Life Church, 933 Baltimore Pike, Springfield, PA 19064

Area 59, Eastern Pennsylvania, will host NERAASA in 2024: February 22–25, 2024, at the Hershey Lodge. We need your help to plan this important General Service event!

What is NERAASA?

Northeast Regional A.A. Service Assembly. It's a weekend of Panel Presentations and Floor Discussions; the Northeast Regional Trustee's Report; Saturday Dinner followed by an A.A. Speaker Meeting; and Roundtable Sharing Sessions held the last full weekend of February each year! All A.A. members are welcome to attend.

What is the purpose of NERAASA?

The purpose of NERAASA is for General Service Representatives (GSRs), District Committee Members (DCMs), Area Officers, Area Committee Members, District Committee Members, and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to the areas of the Northeast Region.

Questions? Contact: neraasa2024chair@area59aa.org



The Philly Zone Needs YOUR Help!

**We need your help fulfilling commitments
in Philadelphia**

**We are responsible,
When anyone, anywhere reaches out for
help, we want the hand of A.A. always to
be there.**

**To get a commitment for a hospital,
institution, detox, or rehab, contact:**
Philly Zone Treatment Liaison pzt1@aasepia.org
Philly Zone Alternate Liaison pzat1@aasepia.org

Southeastern Pennsylvania Intergroup Association (SEPIA)



Unity Cookout

Sunday, June 11, 2023

(Rain or Shine)

Noon to 5:00PM

Open AA Meeting @ 2:00PM



Neshaminy State Park, Pavilion No. 1

State Road at Dunks Ferry Road, Bensalem, PA (Bucks County)

Food, Fun, and Fellowship

Kid & Pet friendly

Hamburgers, Hot Dogs, Soda, Water and Coffee

Please bring a covered side dish for all to share

Swimming Pool (\$12 cash pool fee per person) / Fishing

For more information contact

Tiara T. – Unity Director — unitydirector@aasepia.org

Mike Q. – Assistant Unity Director — unityasstdirector@aasepia.org

Driving Directions:

From PHL Exit of the PA Turnpike: After toll, stay to the right to Route 132 (Street Rd. 2nd right). Travel on Street Road for approx. 7 miles over I-95 to State Rd. which will dead end. Turn left onto State Rd., and go about ¾ mile to park entrance on the right.

From I-95 North: Take I-95 North to Street Road exit. At the light, make a right onto Street Rd. Follow that to dead end. Turn left onto State Rd., and go about ¾ mile to park entrance on the right.

From I-95 South: Take I-95 South to Street Road exit. Make a left onto Street Rd. Follow that to dead end. Turn left onto State Rd., and go about ¾ mile to park entrance on the right.

From New Jersey: Cross the Burlington Bristol Bridge (Route 413). Make a left at the first traffic light onto Street Road. Continue South on State Road. The park is on the left after you cross the Neshaminy Creek Bridge.