

Interviews April

2023



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A Medical Student Reflects on an A.A. Meeting

The Cooperation with Professionals Committee (CPC) recently received a letter from a student that they had escorted to an A.A. meeting. Here is the student's reflections:

Before attending the A.A. meeting, I had a neutral view towards alcoholism and recognized it as a disease. Viewing alcoholism as a disease meant that those that had it would need assistance to treat it. I also did not have a well-developed understanding of alcoholism. I believe that for someone to truly understand a condition, that person needs to meet people that have or have had the condition in order to understand the experience patients with that condition go through. I had not met people with alcoholism before, which caused me to have a significant gap in truly understanding what alcoholism was.

...Cont'd on Page 2





LOGO DESIGN BY ERIK K.

Round-Up News

It's almost here!

Friday-Sunday April 21-23 at the Showboat Hotel, Atlantic City, NJ

Early Bird Registration has ended.

Registration ONLINE until April 19th is \$40.00.

No pre-registration necessary—you may also register at the door.

It takes a lot of people to keep the Round-Up running smoothly! SEPIA still needs a few A.A. members to volunteer as greeters, and volunteers to make coffee! We also need groups to take a shift at the Hospitality Suite. Contact the Round-Up Director Mike Q. at mikeq@aasepia.org or Vice-Chair Jay F. at vicechair@aasepia.org.

REMEMBER to let the Showboat parking garage know you are with SEPIA for \$8.00 off... otherwise it costs \$20.00 per day!

First Person con't...

Hearing about the experience of "Leslie" becoming sober and her reflections on that process and the way alcoholism affected her gave me a much deeper understanding of the condition. I still view alcohol as a disease after the meeting, but I have a much better understanding of it now and a new greatly increased positive regard for those that overcome it. Hearing the experiences of those with alcohol use disorder in the meeting speak about their journey to sobriety made me see how difficult it was to overcome the disease, and the commitment that the A.A. members had to accomplish this was incredibly admirable.

Listening to the state Leslie was in when she decided she was going to begin her journey towards sobriety was difficult. It certainly affected me emotionally to know that at one point in her life, a worthy, bright individual like her was at a lower point in her life where she had to confront and beat alcoholism. Although difficult to hear and handle emotionally, I think it was also important for me to hear about that part of her experience specifically to really understand alcoholism as a condition.

The A.A. meeting felt very non-judgmental and encouraging, and it was impressive to feel that in a virtual meeting. Participants seemed comfortable sharing their progress in their sobriety journey as a result. It is very difficult to overcome alcoholism, so having those aspects of an A.A. group likely plays a significant role in one's successful recovery.

Overall, the A.A. meeting significantly improved my understanding of alcoholism by learning what the experience of having the condition is like for patients with alcoholism. It will allow me to better empathize and understand patients with alcoholism in the future because I now understand how difficult recovery can be and how much commitment and hard work it takes. This has shown me that the support someone has in their recovery journey can be a significant determinant of success.

So I want to be a physician that is a supporter of future patients with alcoholism in recovery so they can succeed.



"It is plain that a life which includes deep resentment leads only to futility and unhappiness. To the precise extent that we permit these, do we squander the hours that might have been worth while." (Alcoholics Anonymous, p.66)

The One Thing I Need To Know About Step 4: It's about getting down to causes and conditions.

Myths About This Step: This step is meant to tear you down. Members who complete this step say they feel a newfound confidence once they've finally faced themselves. They are ready to start the next chapter of their lives as sober and better versions of themselves. —*Take the 12: <u>https://</u> takethe12.org/s4*

Fourth Step Prayer

Dear God,

It is I who have made my life a mess. I have done it, but I cannot undo it. My mistakes are mine, and I will begin a searching and fearless moral inventory. I will write down my wrongs, but I will also include that which is good. I pray for the strength to complete the task

Amen.

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Your 2022-2023 Steering Committee Contact List

Chair—Rachel C: chair@aasepia.org Vice-Chair—Jay F: vicechair@aasepia.org Secretary—Sharon B: secretary@aasepia.org Treasurer—Jim B: treasurer@aasepia.org Assistant Treasurer—Stephanie W: assistanttreasurer@aasepia.org CPC Director—Michelle M: cpcdirector@aasepia.org CPC Assistant Director—Mike H: cpcasstdirector@aasepia.org Interphones and H.U.S.S.H-Alfreda C: interphonesdirector@aasepia.org Interphones Assistant Director—Paul H: interphonesasstdirector@aasepia.org Prisons and Temporary Contact Director—John M: prisondirector@aasepia.org Prison Assistant Director—Charlie K: prisonasstdirector@aasepia.org Public Information Director—Steve S: publicinfodirector@aasepia.org Public Information Assistant Director—Emma S: publicinfoasstdirector@aasepia.org Treatment Facilities Director—Luke S: treatmentfacilitiesdirector@aasepia.org Treatment Facilities Asst Director—Dave K: treatmentfacilitiesasstdirector@aasepia.org Unity Director—Tiara T: unitydirector@aasepia.org Unity Assistant Director-Mike Q .: unityasstdirector@aasepia.org Archives Director—Mark P.: archivesdirector@aasepia.org Archivist—Rich M: archivist@aasepia.org

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Zone Coordinators

Bucks Zone Coordinator—Andrea S: bczcoordinator@aasepia.org Chester Zone Coordinator—Kirsten E: cczcoordinator@aasepia.org Delaware Zone Coordinator—Jim B.: dczcoordinator@aasepia.org Montgomery Zone Coordinator—Joe M: mczcoordinator@aasepia.org Philadelphia Zone Coordinator—Spencer K: pczcoordinator@aasepia.org



Concept IV

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

Principle of Concept 4: Participation One thing You Need to Know: Trusted Servants have a Right of Participation

The principle of "Right of Participation" is built into the <u>General Service Conference</u> through the Conference Charter. Voting members include not only delegates, but also the trustees, and the directors and staff members of A.A. World Services (i.e., G.S.O.) and the A.A. Grapevine. In the same way, the boards of these two operating entities include as voting members not only trustees, but also nontrustee directors and paid administrators and staff members.

The chairperson of the General Service Board appoints non-trustee members to the standing committees in order to have the advantage of their expertise, and staff members serve as committee secretaries. "There are no 'superiors,' no 'inferiors,' and no 'advisers.'" New trustees on the General Service Board and new directors of the A.A.W.S. and Grapevine boards are sometimes surprised to see paid executives, staff members and outside accountants attending the board meetings. They are invited because of A.A.'s "Right of Participation." Thus, the trustees and directors "are put into direct communication with these workers, who. . . feel wanted and needed. Although they do not vote, these workers may freely participate."

-Breakdown provided by: TakeThe12 at https://takethe12.org/c1/.

Round-Up Word Scramble Unscramble the letters to find words associated with the Round-Up!	TRADITION FOUR—Long Form With respect to its own affairs, each A.A. group should be responsible to no other authority than its own
NFU	conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted.
OFDO	individual should ever take any action
BHAEC	that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board.
LNANAO	On such issues our common welfare is paramount.
SEANCD	Overriding Idea of T4:
NBAQETU	Our decisions affect others
YSTOHRI	The one word that characterizes the fourth tradition is the word "decisions." This
LALRBDE	tradition teaches me how to make decisions and maintain good relationships
PKAESSER	with God and you at the same time. The traditions show us how to get along with each other. The second half of the fourth
IEENSYTR	tradition teaches me to consult others when I make decisions that affect them.
Answers on page 6	—From TakeThe12 at <u>https://takethe12.org/t4/</u> .

Home Group

Find your "home away from home"



Come join us and find out how Home Groups work and what is the best fit for you!

Date: April 29th Location: Yardley Methodist Church 300 Yardley-Langhorne Rd Yardley, PA 19067 Time: 10am-2pm

Food, Fun, Fellowship

Write for the Intergroup Newsletter

Share Your Experience, Strength, and Hope: Write For Us—Any A.A. Topic, Step, Story or Humor

EVENTS OUTSIDE THE FIVE-COUNTY AREA

Friday thru Sunday April 21-23: 34th INTERNATIONAL MEN'S CONFERENCE Double Tree by Hilton Crystal City, Arlington VA 22202 (Washington DC area). Info at: <u>www.iaamc-dc23.org</u>.

Thursday thru Sunday July 27-30: FELLOWSHIP OF THE SPIRIT YMCA of the Rockies, Estes Park, CO. A.A. and Al-Anon speakers every meeting. Info at <u>https://www.fots.com/</u>.

Thursday thru Sunday August 31-September 3: 33rd ANNUAL NATIONAL/ INTERNATIONAL NATIVE AMERICAN INDIAN A.A. CONVENTION Embassy Suites by Hilton Oklahoma City Northeast Oklahoma City, OK 73112 visit <u>www.nai-aa.com</u>. All are welcome!

SAVE THE DATE: 2025 INTERNATIONAL CONVENTION: July 3-6, 2025 in Vancouver, BC, Canada. Vancouver will welcome 48,000 A.A. members from around the world! Information at: <u>https://www.aa.org/international-convention.</u>



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Alcoholics Anonymous [®] Alcoholics Anonymous World Services, Inc. 475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400	Word Scramble Answers from page 4
As of April 3, 2023, the prices of A.A. books, booklets, and pamphlets will go up . A.A. World Services (GSO) has raised the prices for the first time in nine years. SEPIA in turn will increase prices to match GSO's. Prices will increase approximately 20% on books and 30% on pamphlets. Sample prices include: <i>Alcoholics Anonymous</i> (Big Book) hardcover: \$12.00 <i>Twelve Steps and Twelve Traditions</i> hardcover: \$11.00 <i>Living Sober</i> (softcover): \$6.00 <i>Came to Believe</i> (soft cover): \$6.00 <i>Daily Reflections</i> (soft cover): \$12.50 <i>This is A.A.</i> (pamphlet): \$.30 <i>Questions and Answers on Sponsorship</i> (pamphlet): : \$.30	FUN FOOD BEACH ALANON PANCES BANQUET HISTORY REDBALL SERENITY SERENITY

Intergroup (IGR) Meetings are being held online and/or in-person in April, depending on the county.

-Become an Intergroup Rep (IGR)!-

Contact your Zone Liaison or the SEPIA Office for info.

MONTHLY ZONE MEETINGS

WILL BE HELD MONDAY, APRIL 10 AT 7:00 PM SEE PAGE 13 FOR FURTHER DETAILS.

Bucks County Zone meets in person: Good Shepherd Lutheran Church 877 Street Road (at Churchville Road) Southampton 18966

Chester County Zone meets online: Zoom 892 2781 6366 password 266565

Delaware County Zone meets in person: HMB Ukrainian Church 900 Fairview Road Swarthmore 19081 Montgomery County Zone meets in person: Sanctuary United Methodist Church 1346 East Prospect Ave North Wales 18966

Philadelphia County Zone meets in person:
Philadelphia Kroc Center Salvation Army
4200 Wissahickon Ave
Philadelphia 19129

COMMITTEE CORNER

SPECIAL EVENTS

This month we're highlighting the Special Events Committee again, in honor of all the work everyone is doing on the Round-Up, SEPIA's biggest fundraising event of the year!

A BRIEF HISTORY OF THE ROUND-UP

Fifty-five years ago, on April 13, 1967, the Steering Committee, after much discussion, approved Ted R. to head a committee to look into a hotel or motel for about 100 A.A. members for a weekend in Atlantic City. This would be an Intergroup Workshop type of thing called a "Spring Round-Up," that would eventually be sponsored by the Philadelphia Intergroup. On June 8, Ted advised that a contract had been made with the Deauville Motel in Atlantic City. No definite program was made for that first year.

The Round-Up was held on Mother's Day in May of 1968 at the Deauville. Some of the members involved with this first Round-Up including Ted R. were: Charles C., President; Jack K., Vice President; Ralph B., Director, Prison Committee; John (Jeff) J., Director, Public Information Committee; Marvin G., Executive Secretary – Office. All agreed it was a success and that it would be continued each year.

The Round-Up remained at the Deauville in Atlantic City until May of 1984 when, due to the opening of the casinos, we left Atlantic City and moved south to the Flanders Hotel in Ocean City. In 1985, we moved again to the Grand Hotel in Wildwood Crest. In 1989, we moved further south to the Grand Hotel in Cape May. After a few years of holding the Round-Up in the Pocono Mountains, we returned to New Jersey to meet in Ocean City, but eventually settled back at the Grand Hotel in Cape May, NJ for several years.

This year, 2023, the Round-Up returns to Atlantic City, bringing the whole thing full-circle.



The Special Events committee meets on the last Monday of every month at 7 pm on Zoom. Our meetings are fun-filled with lots of laughter. In between, we get quite a bit of work done too! Please come and help us plan future events. We need you!

WE ARE NOT A GLUM LOT

A guy wants a divorce. He tells the judge, "I just can't take it anymore. Every night she's out until way after midnight, just going from bar to bar." Judge asks, "What's she doing?" The guy answers, "Looking for me."

EVENTS WITHIN THE FIVE-COUNTY AREA

Visit our website for the most up-to-date information: <u>https://aasepia.org/news/event-flyers/</u>

Saturday April 1—Chester County YPAA Presents: BINGO Episcopal Church of the Advent 401 Union St. Kennett Square. Potluck lunch included 11:30 am.

Friday April 28—Early Morning Group 36th Anniversary First Presbyterian Church of Germantown, 35 W Chelten Ave Philadelphia 19144. A.A. and Al-Anon speakers. 9 am to 11 am

Friday April 28—West Oak Lane Group is celebrating their 50th Anniversary in-person and online Reformation Lutheran Church 1215 Vernon Rd, Philadelphia 19150. Zoom Meeting ID 683 571 0660 (No passcode needed) 7:30 pm.

Friday May 26—North Philadelphia Group Anniversary East Bethel Baptist Church 1333 West Erie Ave Philadelphia 19140. A.A. and Al-Anon speakers 6:30 pm.

Friday to Sunday July 14 to 16—PENNSYLVANIA STATE CONFERENCE OF YOUNG PEOPLE IN A.A. (PENNSCYPAA) IS COMING TO BUCKS COUNTY! Sheraton Bucks County Langhorne 400 Oxford Valley Rd Langhorne19047. See <u>https://buckypaa.wixsite.com/buckypaa</u>.

NEW MEETINGS & CHANGES

Stepping on Saturdays (SOS) Open Speaker Step Meeting St. Luke's Parish Hall 1946 Welsh Road Philadelphia 19115. Every Saturday 11:00 am-Noon.

We are Not Saints: Newcomers Recovery Group Tuesdays 7 pm-8 pm. Literature Discussion. Zoom ID: 863 023 7203 No passcode.

No Coronas Here! Sundays from 7:30 pm.-8:30 pm Open Discussion Big Book. Zoom Link: 78889755108 Passcode 730830. Call in: 415 762 9988 or 646 568 7788.

AREA 59 EVENTS

Pre-Conference Sharing Session–Saturday April 15th 9:00 am-4:00 pm. Calvary Baptist Church 4601 W. Tilghman St Allentown 18104.

NERASSA 2024 Round Table Planning Meeting—May 13 Noon to 2 pm. Tree of Life Church 933 Baltimore Pike Springfield 19064. **ALL** A.A. Members are invited and **encouraged to attend**. (NERASSA Event will be held in Hershey, PA.) Questions? Email: NERASSA2024chair@area59aa.org.

Mini-Assembly & Delegate's Report—May 20 Registration starts at 9:00am,. Program is from 10:00 am-4:00 pm. Location—TBD. Hosted by District 25.

PENNSCYPAA XXXIV State Conference—July 14 to July 16 Sheraton Bucks County Langhorne 400 Oxford Rd Langhorne 19047. Info at: <u>http://www.pennscypaa.org</u>.

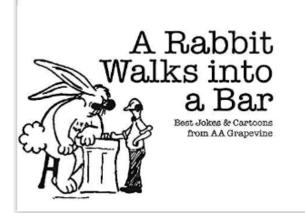
SAVE THE DATE: THE NEXT EASTERN PENNSYLVANIA GENERAL SERVICE CONVENTION & ASSEMBLY (EPGSA) will be held November 10-12. Info at: <u>https://area59aa.org/</u>.

SAVE THE DATE: THE NORTHEAST REGIONAL A.A. SERVICE ASSEMBLY (NERAASA) is coming to Area 59 in 2024! February 23-25, 2024 in Hershey, PA. Info at: <u>https://www.neraasa.org/</u>.

APRIL Literature Spotlight



We Are Not A Glum Lot



GV-22 A Rabbit Walks into a Bar: Best Jokes & Cartoons from AA Grapevine

With a setup like "A rabbit walks into a bar," you know this isn't a typical book from AA. In a gift-sized paperback edition, you'll find some of the most hilarious jokes and cartoons about drunk and sober alcoholics, all contributed by AA members.

Covering topics from "The Drinking Life" and "Newcomers in AA" to "Life in AA" and "AA Wit and Wisdom," readers will find plenty to laugh about. The book includes a special chapter devoted entirely to the beloved and hapless cartoon character Victor E., wellknown to readers of *Grapevine* magazine.

Wherever you are in your personal journey, *A Rabbit Walks into a Bar* is guaranteed to tickle your funny bone.

TAKE TO TO YOUR SPONSOR BERNERE

GV-40 Take Me to Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. From dealing with meetings, sponsorship, dating and marriage, friends and coworkers, so-called character defects, and more, *Take Me to Your Sponsor: Best Jokes & Cartoons from AA Grapevine* offers a humorous take on AA.

Contributed to the "At Wit's End" column of Grapevine, and drawn by AA members, these clever and amusing black-and-white cartoons will leave readers with the feeling that they are not alone--and that it's very okay to appreciate the lighter side of recovery.



Fun in Sobriety How AA members Jeam to Juve selver and enjoy life to its fullect

GV-45 Fun in Sobriety

50-plus inspiring stories by members of Alcoholics Anonymous about the many ways they've learned to have a good time. Getting sober is not easy, but through taking action and developing a sober network, life can begin to take on new, exciting adventures. The stories in this book show how AA members have enhanced their lives now that they're sober. Chapters include: travel (road trips, cruises, etc.), outdoor activities (hiking, biking, camping), arts & hobbies (dancing, singing, painting, carpentry), social events (parties, holidays, events) and AA activities and sober events.

THIS MONTH IN A.A. HISTORY *** APRIL ***

April 1935: Dr. Silkworth (author of "The Doctor's Opinion") and Bill W.'s, doctor, advises Bill to stop preaching at drunks, and instead explain about the mental obsession and allergy of the body they suffer from.

April 1950: The *Saturday Evening Post* publishes a followup article about A.A., "The Drunkard's Best Friend", by Jack Alexander.

April 1958: The word "honest" was dropped from the *A.A. Preamble*, "an honest desire to stop drinking".

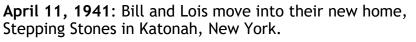
April 1970: The General Service Office (GSO) moved to 468 Park Avenue South, New York, NY.

April 1, 1939: Publication date of Alcoholics Anonymous, A.A.'s Big Book.

April 1, 1966: Sister Ignatia (born 1889), who worked closely with Dr. Bob to admit and treat alcoholics at St. Thomas Hospital in Akron, OH, died.

April 7, 1941: Ruth Hock, A.A.'s secretary, reported there were 1,500 letters asking for help as a result of the first *Saturday Evening Post* Article by Jack Alexander, published the previous month.

April 10, 1939: The first ten copies of the Big Book arrived at the office Bill W. and Hank P shared.



April 16, 1973: Dr. Jack Norris, Chairman of the A.A. General Service Board, presented President Nixon with the one-millionth copy of the Big Book.

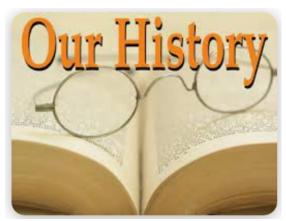
April 19, 1940: The first A.A. group in Little Rock, Arkansas, was formed. It was the first so-called "mail order" group, run entirely using literature that came through the mail.

April 24, 1940: The first A.A. pamphlet, *AA* (aka *The Houston Pamphlet*) was published. These were a series of six articles originally written by Larry J. for the Houston Press newsletter.

April 25, 1951: A.A.'s first General Service Conference was held at the Commodore Hotel in New York, NY. The theme was "Not to Govern—But to Serve."

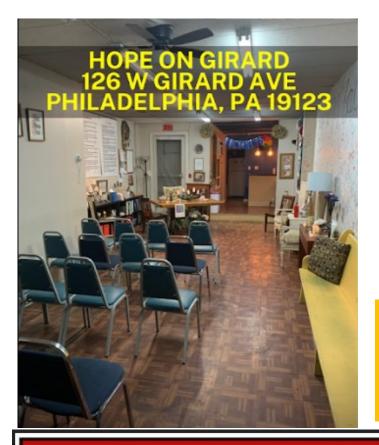
Stepping Stones, Katonah, NY

April 30, 1989: The film "My Name is Bill W.", a CBS Hallmark Hall of Fame made-for-television drama starring James Woods, JoBeth Williams and James Garner, was first aired. It told the story of A.A. founder Bill W.'s rise and fall due to drinking, his fateful meeting with Dr. Bob, and their founding of Alcoholics Anonymous. It was nominated for seven Emmy awards that year, and James Woods won "Outstanding Actor in a Movie or Mini-Series" for his portrayal of Bill W.





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Show Us Your Meeting Room!

Send pictures of your meeting room (no people in the photos, please!) to: manager@aasepia.org. Your home group's room might be featured in a future issue of <u>Interviews!</u>

HELP US HELP THE NEXT SUFFERING ALCOHOLIC

We need your help to keep our directory up to date! Please take a moment to check your group's information on our website, and contact us with any updates or corrections. We want to be sure that newcomers are getting accurate meeting information! Even if you have updated your information with your DCM or Registrar, PLEASE double-check it on our website, as this is what is reflected in the Meeting Guide App!

Sobriety for Ourselves

To know yourself is not just reviewing our "misdeeds"; they are not you... your doubts, fears, your apprehensions, your immature cravings, your self-indulgence... they are all committed by your physical body, guided by false instincts and imaginations, instead of by your real self which is the soul—the spirit within. That is where your conscience is, and your wisdom and your strength—which no one can hurt but you. *—AA Grapevine* Daily Quote, November 8

SEPIA's Committee Meetings are open to IGR's and all interested A.A. Members! Get involved and make a difference!



Committee Meetings for the month of April 2023 are in-person and/or online depending on the group conscience of the committee.

See page 13 for the details.

Archives	
Archives preserves documents, assembles group histories, tapes the stories of members with 20+ years, and makes presentations to groups about the history of A.A. in Philadelphia.	Tuesday — April 11 at 7 pm Saturday — April 15 at 9 am for Preservation Work
Cooperation With The Professional Community (CPC)	
Helps police, medical, and other professionals understand what A.A. is and how it can help their clients.	Monday — April 3 at 7 pm
Finance	
Makes recommendations to the Steering Committee and SEPIA office how best to spend Seventh Tradition donations.	Thursday — April 20 at 7 pm
Interphones and Helping Unite the Sick, Shut-in, Hospitalized and Homebound (HUSSHH) -Meets even months only	
Interphones ensures that A.A. is always there by taking calls when the office is closed. HUSSHH takes meetings to those unable to attend them.	Wednesday — April 26 at 7 pm (Meets even months only)
Prisons and Temporary Contact	
Members take A.A. meetings to prisoners behind the walls. Temporary Contact introduces new A.A.'s coming out of prison to our program and escorts them to meetings.	Thursday — April 6 6 pm
Public Information (PI)	Wednesday — April 19
Conveys information about A.A. to the general public through flyers, mailings, radio spots, health fairs, etc.	7 pm
Special Events	Monday — April 24
Plans the annual spring Round-Up, the April Share-A-Day event, Breakfasts and more.	7 pm
Treatment Facilities (TF) and Bridging the Gap	
Treatment committee members establish and oversee A.A. meetings at detoxes and rehabs. Bridging the Gap connects members leaving facilities to meetings in their area.	Monday — April 17 7 pm
Unity	Tuesday — April 18
Provides information about service opportunities outside the homegroup to groups when invited; plans summer picnic and fall workshop.	7 pm
Web/Tech Ad Hoc Committee	Wednesday — April 5
An offshoot of Public Information (PI), Web/Tech programs and manages the website, and provides tech advice and IT support for the SEPIA office.	5:30 pm

Hotels Near the Showboat Hotel Atlantic City, NJ

These hotels had rooms available during our Round-Up period, 4/20/23 to 4/23/23, as of the end of February. SEPIA has no arrangements with any of these hotels. This list is provided for reference for our members. Prices and availability are subject to change.

Atlantic City Motor Inn	\$109.00 and up	1_609_3/5_3216	1101-1109 Pacific Ave
		1-003-343-3210	
Resorts Casino Hotel	\$233 and up	1-609-340-6300	1133 Boardwalk
Hard Rock Atlantic City	\$242.33 and up	1-609-449-1000	1000 Boardwalk
Golden Nugget	\$182.33 and up	1-609-441-2000	6000 Huron Ave & Brig- antine Blvd
VRBO (Vacation Rentals by Owner)	varies	vrbo.com	houses for rent

Why We Were Chosen - Anonymous

God in His wisdom selected this group of men and women to be purveyors of His goodness. In selecting them through whom to bring about this phenomenon He went not to the proud, the mighty, the famous or the brilliant. He went instead to the humble, to the sick, to the unfortunate. He went right to the drunkard, the so-called weakling of the world. Well might He have said the following words to us:

"Unto your weak and feeble hands I have entrusted a power beyond estimate. To you has been given that which has been denied the most learned of your fellows. Not to scientists or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing other alcoholics which I entrust to you."

"It must be used unselfishly; it carries with it grave responsibility. No day can be too long; no demands upon your time can be too urgent; no case can be too pitiful; no task too hard; no effort too great. It must be used with tolerance for I have restricted its application to no race, no creed, and no denomination. Personal criticism you must expect; lack of appreciation will be common; ridicule will be your lot; your motives will be misjudged. You must be prepared for adversity, for what men call adversity is the ladder you must use to ascend the rungs toward spiritual perfection, and remember, in the exercise of this power I shall not exact from you beyond your capabilities."

"You are not selected because of exceptional talents, and be careful always, if success attends your efforts not to ascribe to personal superiority that to which you can lay claim only by virtue of my gift. If I had wanted learned men to accomplish this mission, this power would have been entrusted to the physician and scientist.

If I had wanted eloquent men, there would have been many anxious for the assignment, for talk is the easiest used of all talents with which I have endowed mankind. If I had wanted scholarly men, the world is filled with better qualified men than you who would be available.

You were selected because you have been the outcasts of the world and your long experience as drunkards has made or should make you humbly alert to the cries of distress that come from the lonely hearts of alcoholics everywhere."

"Keep ever in mind the admission you made on the day of your profession in AA -- namely that you are powerless and that it was only with your willingness to turn your life and will unto MY keeping that relief came to you."

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April 2023



All A.A. members are encouraged to join a committee and help carry the A.A. message.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	³ CPC Committee 7 PM	4	5 Website Tech 5:30 PM Steering 7 PM (closed)	6 Temporary Contact & Prison Committee 7 PM	7 SEPIA Noon Meeting 12 PM	8
9	10 All Five County Zone Meetings 7 PM (see below for locations)	11 Archives Committee 7 PM	12	13	14 SEPIA Noon Meeting 12 PM	15 Archives Preservation 9 AM
16	 17 Treatment & Bridging The Gap Committees 7 PM 	<i>18</i> Unity Committee 7 PM	19 PI Committee 7 PM	20 Finance Committee 7 PM	21 Office Closed for Round –Up	22 ROUND-UP
23 ROUND-UP	24 Special Events Committee 7 PM	25	26 Interphones & HUSSH Committees 7 pm	27	28 SEPIA Noon Meeting 12 PM	29
30						

Bucks County: Good Shepherd Lutheran Church, 877 Street Rd (& Churchville/Knowles), Southampton, 18966

Chester County: Online currently. - ID: 89227816366 - PW: 266565

Delaware County: HMB Ukranian Church 900 Fairview Rd, Swarthmore 19081

Montgomery County: Sanctuary United Methodist Church , 1346 East Prospect Ave., North Wales 18966

Philadelphia County: Phila Kroc Center Salvation Army-4200 Wissahickon Ave Philadelphia, 19129

SEPIA Online Committee and Zone Meetings - November 1, 2022 - October 31, 2023

Committee Name	Day	Date	Time	Meeting ID	Passcode	Link	Dial-In #
CPC COMMITTEE (Hybrid)	Monday	4-3-2023	7:00 PM	869 6733 4672 (Zoom)	SEPIA1903	https://us02web.zoom.us/j/86967334672?pwd=ZkwvOHYvZ3M3a2NoaHMrSGNGK1duZz09	646-558-8656
WEB/TECH COMMITTEE (Hybrid)	Wednesday	4-5-2023	5:30 PM	215 1234 215	580960	https://us02web.zoom.us/i/84021793007?pwd=SGdERXBndTlzVkhpTitEVzRqVEVrdz09	646-558-8656
PRISON COMMITTEE (Hybrid)	Thursday	4-6-2023	6:00 PM	897 4545 6774 (Zoom)	SEPIA	https://us02web.zoom.us/j/89745456774?pwd=MEVuVzRiRIR1SmxLMIF3a2FLa3VuUT09	646-558-8656
BUCKS COUNTY ZONE	Monday	4-10-2023	7:00 PM	In Person		Good Shepherd Lutheran Church, 877 Street Rd (& Churchville/Knowles), Southampton 18966	
CHESTER COUNTY ZONE	Monday	4-10-2023	7:00 PM	892 2781 6366 (Zoom)	266565	https://us02web.zoom.us/j/89227816366?pwd=SzBhR0pZUIJVekIzT21HZDRKRkhnZz09	646-558-8656
DELAWARE COUNTY	Monday	4-10-2023	7:00 PM	In Person		Hmb Ukranian Church, 900 Fairview Rd, Swarthmore, 19081	
MONTGOMERY COUNTY	Monday	4-10-2023	7:00 PM	In Person		Sanctuary United Methodist Church, 1346 East Prospect Ave, North Wales 19454	
PHILADELPHIA ZONE	Monday	4-10-2023	7:00 PM	In Person		Philadelphia Kroc Center Salvation Army 4200 Wissahickon Ave Philadelphia 19129	
ARCHIVES COMMITTEE (Hybrid)	Tuesday	4-11-2023	7:00 PM	832 4414 8913 (Zoom)	SEPIA	https://us02web.zoom.us/j/83244148913?pwd=b2JqbmIzQ0dBOVJuRjILMDNRYy9IQT09	646-558-8656
ARCHIVES COMMITTEE	Saturday	4-15-2023	9:00am	In Person		SEPIA Office 1903 South Broad Street 2nd Floor Philadelphia 19148	
INTERPHONES	Wednesday	4-26-2023	7:00 PM	822 1987 3872 (Zoom)	SEPIA	https://us02web.zoom.us/i/82219873872?pwd=UG5VR0lvMHJTRXAvUm5OQXE4Q0tNQT09	646-558-8656
PUBLIC INFORMATION (PI)	Wednesday	4-19-2023	7:00 PM	882 5844 9206 (Zoom)	SEPIA	https://us02web.zoom.us/i/88258449206?pwd=cWIPd2ZSUIIvWHcvbndyeXA4SFAwUT09	646-558-8656
TREATMENT FACILITIES (Hybrid) Monday	4-17-2023	7:00 PM	881 4239 6509 (Zoom)	805478	https://us02web.zoom.us/j/88142396509?pwd=ZU00WmFMWnRjSWt5VXJUQ3NBdExtdz09	646-558-8656
UNITY COMMITTEE	Tuesday	4-18-2023	7:00 PM	896 4619 2235 (Zoom)	SEPIA	https://us02web.zoom.us/j/89646192235?pwd=VTRHdXRnNjNKZmxHZXJPeTItaGZNUT09	646-558-8656
FINANCE	Thursday	4-20-2023	7:00 PM	842 4075 5543 (Zoom)	SEPIA	https://us02web.zoom.us/i/84240755543?pwd=ejJIZEFMTjIENDR6cHUxVmF1ci9DZz09	646-558-8656
SPECIAL EVENTS	Monday	4-24-2023	7:00 PM	834 2923 8954 (Zoom)	797795	https://us02web.zoom.us/j/83429238954?pwd=c2l2N05jbGFGMFpXQTI5TTdjU0FMUT09	646-558-8656

Date	Name	Balance
02/26/2023	Sunday Funday	75.00
	Havertown Springfield	120.00
	Bensalem Saturday Morning	200.00
02/28/2023		250.00
	Buckingham Tuesday Morning	200.00
	Change or Die	436.03
02/28/2023		300.00
02/28/2023		500.00
	God As I Understand Him	500.00
	Grove Group	100.00
02/28/2023		100.00
	Morning Miracles	734.10
	morning Miracles Online	100.00
	Sobriety at Seven	250.00
	Top of the Hill	230.00
02/20/2023		277.90
03/01/2023		
		100.00
	John Hrynczyszyn	10.00
	Louise Parker	19.65
	Network For Good	130.00
	Lionville Women's Step	100.00
	Saturday Serenity	5.00
03/05/2023		200.00
	Breakfast Club	147.94
	Thomas Sunday Twelve Rewards	33.00
	10 at 11_30 Group	100.00
	Bryn Athyn Saturday Morning	100.00
03/08/2023	, , , , ,	300.00 250.00
	Hope Group Bucks	50.00
	It Works It Really Does-2	250.00
	Keep It Simple	25.00
	Living Sober & Free	
	Looking Good	50.00
		50.00 642.00
	Ludwigs Corner Wed Night	642.00 500.00
	On Awakening Our Women's Meeting	300.00
03/08/2023		200.00
	Pottstown Group	50.00
03/08/2023		185.00
	Staying Sober	90.00
	Sunlight of the Spirit	43.00
03/08/2023	· ·	200.00
	TGIF Thank God I'm Free	75.00
	Try It You'll Like It	120.00
	Women's Steps For Change	150.00
03/11/2023	· · ·	1,000.00
03/11/2023		250.00
03/12/2023		22.00
03/13/2023	Jennifer Shingle	30.00

SEPIA March Contributions

03/13/2023	Whatever It Takes	196.12
	Chester Co Young People	1,071.22
	Doylestown KISS	200.00
	East Falls Big Book	216.31
	Langhorne Sunrisers	159.50
03/17/2023		180.00
	Pottstown Group	150.00
	Recovery By The Book	125.00
	Sunday Night Media Men	120.00
	Malvern Monday Nighters	100.00
	Manayunk Big Book	250.00
	Early Night Out	1,000.00
	Saturday Serenity	10.00
	Unity Group	100.00
	Women of Hopoe Online	125.00
	Franklintown	0.00
	Prospects for Sobriety	60.00
03/28/2023		10.00
03/28/2023		131.28
	Serenity - 376936	150.00
	707 Literature	1,000.00
	A VIsion For You	200.00
	Cedars Group	500.00
03/29/2023		131.00
	Downingtown BBSS	158.00
	Found the Steps	100.00
03/29/2023		100.00
	Freedom Through the Steps	725.00
	Good News Group	250.00
03/29/2023	GOYA	150.00
03/29/2023	Hartsville Courtyard Group	1,000.00
	Ivyland Women's Step	25.00
03/29/2023		10.00
03/29/2023	Language of the Heart-2	80.00
03/29/2023	Mid Day Miracles-V	161.06
03/29/2023	Morrell Park Womens	100.00
03/29/2023	Network For Good	135.00
03/29/2023	New Chester Group	20.00
	Open Sesame	750.00
	Steps we Took	246.50
03/29/2023	The Wawa Group	30.00
03/29/2023	West Chester Group	75.00
03/29/2023		300.00
03/29/2023	Women In Recovery Doylestown	240.00
03/31/2023	First Call Group	638.00
	TOTAL	21,429.64

CORRECTIONAL FACILITIES NEEDS YOUR SUPPORT

PLEASE JOIN US IN CARRYING THE MESSAGE TO THE INMATE BEHIND THE WALLS

OUR COMMITTEE HAS BEEN SUCCESSFUL IN HELPING MANY NEW A.A.'S IN THE CORRECTIONAL INSTITUTIONS TO FIND SOBRIETY AND HELP THEM GET COMFORTABLE IN A.A.

STATISTICS SHOW THAT APPROXIMATELY 80% OF INMATES SHOULD BE CLASSIFIED AS ALCOHOLICS, AND WE MAY BE THE ONLY OPPORTUNITY THEY HAVE TO HEAR THE A.A. MESSAGE.

COMMITTEE MEMBER RESPONSIBILITIES:

- 1. ONE (1) YEARS OF CONTINUOUS SOBRIETY TO CHAIR A MEETING.
- 2. SIX (6) MONTHS OF CONTINUOUS SOBRIETY TO SPEAK AT A MTG.
- 3. PRISON COMMITMENTS ARE <u>INDIVIDUAL</u> COMMITMENTS NOT GROUP COMMITMENTS.

WE MEET ON THE FIRST THURSDAY OF EVERY MONTH AT THE INTERGROUP OFFICE (1903 S. Broad Street Phila Pa 19148) QUESTIONS? CALL (215) 923-7900

ADDRESS:		
· ·		
PHONE:	BEST TIME TO CALL:	
DATE OF SOBRIET	Y: A.A. GROUP NAME:	÷
SIGNATURE:		

Southeastern Pennsylvania Intergroup Association (SEPIA)



Unity Cookout

Sunday, June 11, 2023

(Rain or Shine)

Noon to 5:00PM

Open AA Meeting @ 2:00PM



Neshaminy State Park, Pavilion No. 1

State Road at Dunks Ferry Road, Bensalem, PA (Bucks County)

Food, Fun, and Fellowship Kid & Pet friendly Hamburgers, Hot Dogs, Soda, Water and Coffee Please bring a covered side dish for all to share Swimming Pool (\$12 cash pool fee per person) / Fishing

For more information contact

Tiara T. – Unity Director — <u>unitydirector@aasepia.org</u> Mike Q. – Assistant Unity Director — <u>unityasstdirector@aasepia.org</u>

Driving Directions:

From PHL Exit of the PA Turnpike: After toll, stay to the right to Route 132 (Street Rd. 2nd right). Travel on Street Road for approx. 7 miles over I-95 to State Rd. which will dead end. Turn left onto State Rd., and go about ¾ mile to park entrance on the right. **From I-95 North:** Take I-95 North to Street Road exit. At the light, make a right onto Street Rd. Follow that to dead end. Turn left onto State Rd., and go about ¾ mile to park entrance on the right.

From I-95 South: Take I-95 South to Street Road exit. Make a left onto Street Rd. Follow that to dead end. Turn left onto State Rd., and go about ¾ mile to park entrance on the right.

From New Jersey: Cross the Burlington Bristol Bridge (Route 413). Make a left at the first traffic light onto Street Road. Continue South on State Road. The park is on the left after you cross the Neshaminy Creek Bridge.

Pre-Conference Sharing Session

Saturday, April 15th, 2023 10:00 am - 4:00 pm

Doors open at 9:00 am

Allentown, PA 18104

Hosted by District 57 Calvary Baptist Church 4601 W Tilghman Street

GSR's are encouraged to participate and share the informed group conscience of their home group. Not able to attend in person?

Scan QR code below to visit the Pre-Conference Sharing Google Group to join the discussion.



AREA 59 Pre-Conference Sharing Google Group

THE WEST OAK LANE GROUP OF ALCOHOLICS ANONYMOUS

INVITES YOU TO ITS



50th ANNIVERSARY CELEBRATION

FRIDAY APRIL 28, 2023

AT 7:30 P.M.

IN PERSON AND VIRTUAL

REFORMATION LUTHERN CHURCH VERNON ROAD AND RUGBY STREETS PHILADELPHIA, PA 19150

MEETING ID: 683 571 0660 (No PC)

AA and ALANON SPEAKERS ALL ARE WELCOME (No Food or Drinks will be served)

AA WELCOMES BOB D

▲ April 27

▲ 6pm

▲ St. Peter's 2835 Manor Rd Coatesville



NEVER GIVE UP

Join us Thursdays for experience, strength and hope.

AA Young People's Day

Sunday, April 30th 12:30 pm to 5:00 pm

Star of Bethlehem Lutheran Church, 514 3rd Ave., Bethlehem, PA Open AA Meeting for All Ages



12:30 pm Triple Speaker Discussion Meeting - regular AA meeting of the West Bethlehem New Beginnings Group

1:30 Pizza!

2:00 Panel Discussion – "Where Are They Now?" Reunion of the Bethlehem Area Host Committee for PENNSCYPAA (2014-2017)

3:30 The Quest Game Show Super fun fellowship activity4:30 50/50 Raffle for West Bethlehem New Beginnings Group

Presented by

the West Bethlehem New Beginnings Group

in partnership with the Bucks County Host Committee for PENNSCYPAA 2023

Free & Contributions Welcome

PENNSCYPAAA - July 14-16 2023 Langhorne, PA www.buckypaa.wixsite.com

Questions?

buckypaa@gmail.com

NEPA Intergroup Presents: 74th Annual

Hto H/Dance

Bloom Where You're Planted

Saturday, Apríl 22nd, 2023

7:00pm - Midnight

\$45/person

An evening of dinner and dancing at

Holiday Inn – East Mountain

600 Wildflower Drive, Wilkes-Barre, PA 18702

Seafood Stuffed Flounder*Roast Pork Loin*Chicken Parm*Veggie Stir Fry

50/50 * Raffle Baskets Speaker MaryJo DJ Pauly's World

NERAASA 2024 Planning Meeting

May 13, 2023 @ 12:00 PM - 2:00 PM



Tree of Life Church, 933 Baltimore Pike, Springfield, PA 19064

Area 59, Eastern Pennsylvania, will host NERAASA in 2024: February 22–25, 2024, at the Hershey Lodge. We need your help to plan this important General Service event!

What is NERAASA?

Northeast Regional A.A. Service Assembly. It's a weekend of Panel Presentations and Floor Discussions; the Northeast Regional Trustee's Report; Saturday Dinner followed by an A.A. Speaker Meeting; and Roundtable Sharing Sessions held the last full weekend of February each year! All A.A. members are welcome to attend.

What is the purpose of NERAASA?

The purpose of NERAASA is for General Service Representatives (GSRs), District Committee Members (DCMs), Area Officers, Area Committee Members, District Committee Members, and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to the areas of the Northeast Region.

Questions? Contact: neraasa2024chair@area59aa.org