

# Cooperation with the Professional Community (CPC)

## Student Orientation Guide

The following is a set of steps you'll follow as an escort. Remember that you are a representative of our program and as such you should dress appropriately, business casual attire is recommended. In order to participate, students must meet all of the [requirements found in the appendix](#) of this document.

1. As an escort, you'll receive an email from the Assistant Director with a list of students, and their emails.
2. You will reach out to the students via email introducing yourself and letting them know that you'll be escorting them to a meeting. Choose 2-3 meetings that work for you prior to responding. Include these meeting options in your response to the students.

See [Example](#) in the appendix. Be sure you copy [cpcdirector@aasepia.org](mailto:cpcdirector@aasepia.org), [cpcasstdirector@aasepia.org](mailto:cpcasstdirector@aasepia.org) and Lorie (if your students are from Drexel)

3. During the pre-meeting orientation, consider the following agenda items:
  - a. What is AA?
    - i. Ask the students what they know about AA already? This will help you in providing them information about what AA is from your experience. They will likely know of AA from TV and Movies.
    - ii. Brief history of AA, introducing them to the formation of AA in 1935 in Akron, our founders.
    - iii. Big Book - our primary text.
    - iv. The Program of AA - the Steps, and the Traditions. The students should have access to PDF versions of the Steps, and the Traditions.
    - v. Religion vs. Spirituality. Touch on the spiritual nature of the program and that while they may hear references to God, prayer, etc. it is not a religious program and not affiliated with any sect, denomination.
  - b. What to expect at the meeting?
    - i. Give them an overview of what they'll experience.
    - ii. They should remain as an observer. Should not participate in the meeting, the 7th tradition, or sharing.
    - iii. If they are asked, they are to let folks know that they are a student observer - but we do not offer this up unless we have to. Remember - you should be escorting students to an open meeting - observers are permitted at open meetings.
    - iv. Let them know that there will be a prayer during, or at the end of the meeting and that they should feel comfortable joining... or abstaining - whatever they preference may be.

- c. After the meeting
  - i. Arrange to gather again after the meeting to debrief and answer any additional questions. Offer your contact information so that they may reach out to you with any questions they may have while writing their assignment.
- 4. After the meeting.
  - a. Send a thank you email, cc'ing [cpcdirector@aasepia.org](mailto:cpcdirector@aasepia.org), [cpcasstdirector@aasepia.org](mailto:cpcasstdirector@aasepia.org) and Lorie (for drexel students) - this is very important so that we can update the status on each student.

For example:

Hello <Student>

Thanks for allowing me to escort you to the Never Alone Again Group this morning at 8:30am. I hope that it was a positive experience for you. I enjoyed our discussions before and after attending the meeting. Feel free to contact me if you have any further questions. Best of luck in your studies and all your future endeavors. Peace.

Your name

CPC Member

## Sample Email Introduction

Hello Kristin, Manthan and Kristin

My name is Your Name, a member of the Cooperation with the Professional Community Committee of SEPIA(South Eastern Pennsylvania Intergroup Association).

I have been selected to escort you to an open meeting of Alcoholics Anonymous using the Zoom platform. I am including a list of available meetings below. Please work together to decide on which one you all can attend. We will meet about 30 minutes before the scheduled meeting so that I can give you information regarding the AA meeting.

We can do this using a Zoom meeting that you set up. We will also meet again after the AA meeting for a short debrief. I am listing my cell phone below, feel free to call me if you have any questions. I am including some information about AA, please review it before we meet. I look forward to "seeing" you. Peace

Your Name

Your Mobile Number / Contact Details

### **AA Zoom Meetings (Create a List of Your Own)**

Monday, February 14th @8:30am or @12 noon

Tuesday, February 15th @8:30am or @8pm

Wednesday, February 16th @7:30pm

## Resources

- CPC Web Site - this will contain an overview of our program, a list of resources and answers to questions you, and other professionals may have.  
<https://aasepia.org/service-committees/cooperation-with-the-professional-community-overview/>

## Requirements to Participate

In order to participate in the Cooperation with the Professional Community Committee as a volunteer, the following requirements must be met.

1. One (1) year of continuous sobriety.
2. Attendance at two (2) committee meetings held on the first monday of each month at 7pm over zoom.
3. Participate in one meeting attendance as a shadow.