

Anonymity

Understanding Anonymity

The information here explains how anonymity serves as both a safeguard at the personal level and a spiritual principle at the public level, and outlines what this means for A.A. members both within A.A. and outside of it. There are FAQs on social media and the Internet, as well as suggestions for dealing with friends and family.

A.A. Guidelines - Internet

The A.A. Guidelines are compiled from the shared experience of A.A. members throughout the U.S. and Canada. They also reflect guidance given through the Twelve Traditions and the General Service Conference. In keeping with our Tradition of autonomy, except in matters affecting other groups or A.A., most decisions are made by the group conscience of the members involved. The purpose of these Guidelines is to assist in reaching an informed group conscience.

Understanding Anonymity

Icons: smartphone, speech bubble, envelope, microphone, newspaper, TV, Wi-Fi symbol.

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

This is A.A.'s General Service Conference-approved literature.

Comprendiendo el anonimato

Icons: smartphone, speech bubble, envelope, microphone, newspaper, TV, Wi-Fi symbol.

"El anonimato es la base espiritual de todas nuestras tradiciones, recordándonos siempre anteponer los principios a las personalidades."

Esta literatura está aprobada por la Conferencia de Servicios Generales de A.A.

A.A. Guidelines Internet

From U.S.G.C., Box 495, Grand Central Station, New York, NY 10163

A.A. Guidelines are compiled from the shared experience of A.A. members in various service areas. They also reflect guidance given through the Twelve Traditions and the General Service Conference (G.S.C. and Canada). In keeping with our Tradition of autonomy, except in matters affecting other groups of A.A. or a service, most decisions are made by the group conscience of the members involved. The purpose of these Guidelines is to assist in reaching an informed group conscience.

A.A. TRADITIONS AND THE INTERNET

Science might find objectionable. There is no way to know what this might be.

Experience indicates that being on A.A. sites is even more problematic. Not only are they much more likely to display non-A.A. and/or commercial material, but being on-line is an environment. It is all of them. In the first analysis, experience strongly suggests that considering being on-line as a public medium is not a good idea.

G.S.C. has indicated several times of these public on A.A. website, as well as copying to a known A.A. service website and incorporating mandatory and statement when someone wishes to activate the website link on the site. This statement also covers access to applications software such as Adobe Reader, which is provided to assist readers in making Public Domain Form (PDF) files.

GUARDING ANONYMITY ONLINE

Public communication on A.A. is heavily from one individual to another in ways that are high-tech, relatively unregulated and ending quickly. Protecting anonymity is a major concern for members, who are answering the Internet in emerging members.

As Bill W. said, "Anonymity has been absolute essential to our individual and collective survival, the spiritual and the practical. On the spiritual level, anonymity demands the greatest discipline of who we are, who we are not, and who we are not to be. On the practical level, anonymity has brought protection to the newcomer, respect and support of the vast outside, and second from those of us who would use A.A. for our own selfish purposes." There are digital means, we are responsible for our own website and for protecting that of others. When we post, we do so, but we should consider whether we are publishing at the public level. When we speak on anonymity in these forums, we may inadvertently bring the anonymity of others.

For more information on anonymity, visit the page titled "Understanding Anonymity," the service page "Anonymity Online and Digital Media," and the October 2010 issue of A.A. Chapter on Anonymity on the Internet.

GENERAL SOCIAL NETWORKING WEBSITES

Facebook and other social networking services are public in nature. Though users make accounts and allow comments and passwords, the platform is not a public domain site. A.A. members and non-A.A. members are not to be members of or not to be on any of these sites.

Guías de A.A. Internet

de la U.S.G.C., Box 495, Grand Central Station, New York, NY 10163

Las Guías de A.A. están basadas en la experiencia compartida de los miembros de A.A. de las diversas áreas de servicio. También reflejan los consejos de las Doce Tradiciones y de la Conferencia de Servicios Generales (E.E.U.U. y Canadá). De acuerdo con nuestra Tradición de autonomía, excepto en asuntos que afecten a otros grupos de A.A. o a una conferencia, casi todos los asuntos se deciden por el consenso del grupo de los miembros participantes. El propósito de estas Guías es ayudar a llegar a una conciencia de grupo informada.

LAS TRADICIONES DE A.A. Y EL INTERNET

Experiencia indica que estar en sitios de A.A. es aún más problemático. No solo son más propensos a mostrar material no A.A. y/o comercial, sino que estar en línea es un ambiente. Es todo eso a la vez. En primer análisis, la experiencia sugiere fuertemente que considerar estar en línea como un medio público no es una buena idea.

G.S.C. ha indicado varias veces de estos sitios de A.A. en línea, así como copiarlos a un sitio conocido de A.A. y incorporarlos a un sitio web cuando alguien desea activar el enlace de sitio en el sitio. Este documento también cubre el acceso a aplicaciones de software como Adobe Reader, que se proporciona para ayudar a los lectores a hacer archivos de formato de documento de texto en PDF.

PROTEGIENDO EL ANONIMATO EN LINEA

La comunicación en A.A. es mayormente de un individuo a otro de maneras que son de alta tecnología, relativamente no reguladas y que terminan rápidamente. Proteger el anonimato es una gran preocupación para los miembros, quienes están respondiendo al Internet en miembros emergentes.

Como Bill W. dijo, "El anonimato es absolutamente esencial para nuestra supervivencia individual y colectiva, la espiritual y la práctica. En el nivel espiritual, el anonimato exige la mayor disciplina de quiénes somos, quiénes no somos y quiénes no somos para nosotros mismos. En el nivel práctico, el anonimato nos ha proporcionado protección al recién llegado, respeto y apoyo de la gran mayoría, y un segundo apoyo de aquellos de nosotros que usaríamos A.A. para nuestros propios fines." Hay maneras digitales, nosotros somos responsables por nuestros sitios web y por proteger los de otros. Cuando publicamos, lo hacemos así, pero debemos considerar si estamos publicando en un nivel público. Cuando hablamos de anonimato en estos foros, podemos estar trayendo el anonimato de otros.

Para más información sobre el anonimato, visite la página titulada "Entendiendo el Anonimato," la página de servicios "Anonimato en Línea y Medios Digitales" y el número de octubre de 2010 de la revista de A.A. Capítulo sobre el Anonimato en Internet.

Access [Alcoholics Anonymous](#) and [Twelve Steps and Twelve Traditions](#) on pdf, ASL and audio formats.

For a list of online and in person meetings see the [SEPIA](#) website.

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