

Accessibilities

While there are no special alcoholics, many people who want to stop drinking experience access barriers to receiving the A.A. message. Some members are ill, homebound or living in retirement or convalescent homes; others have hearing or vision loss, learning, reading or information-processing challenges; and still others are elderly, use wheelchairs or canes, or have other mobility concerns. Literature may be hard to understand. Childcare issues may make it impossible to attend regular meetings. Remote geography or cultural differences may hinder contact with other members.

A wide variety of Accessibilities material is available that can help, including literature in Braille, American Sign Language (ASL), and easy-to-read pamphlets in English, as well as in other languages, in regular and large print.

Access [Alcoholics Anonymous](#), the Big Book, and [Twelve Steps and Twelve Traditions](#) on pdf, ASL and audio formats.

Access the pamphlet, [A.A. for the Alcoholic with Special Needs](#) in audio format and A.S.L.

Here are some stories by AA members who overcame the challenge of accessibilities issues: [Accessibilities Video](#)

For a list of online and in person meetings see the [SEPIA](#) website.

