



Interviews January 2021



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A MEMBER SHARES...

LEARNING THE REAL IMPORTANCE OF A HOME GROUP!

Hi, everyone! My name is Steve S. and I'm an alcoholic. My Home Group is Ridley Beginner's Step.

When I had been going to Alcoholics Anonymous for about two weeks, a guy asked me if I wanted to make coffee. Before I could say "I don't drink coffee" he said it would keep me sober. I started making coffee. This helped me to feel that I was part of A.A. and I started to learn. I now realize there's a little more to sobriety than that, but it was an important start for me. But service won't keep me sober by itself. I need the 12 Steps.

...Continued on Page 4



2020



2021



Welcome

Photo: Bill & Lois Wilson entertaining guests in their Living Room at Stepping Stones, Katonah, NY.
Copyright 2020 Stepping Stones.

Step 1

Why all this insistence that every A.A. must hit bottom first? The answer is that few people will sincerely try to practice the A.A. program unless they have hit bottom. For



practicing A.A.'s remaining eleven steps means the adoption of attitudes and actions that almost no alcoholic who is still drinking can dream of taking. Who wishes to be rigorously honest and tolerant? Who wishes to confess his faults to another and make restitution for harm done?

No the average alcoholic, self-centered in the extreme, doesn't care for this prospect—unless he has to do these things in order to stay alive himself.

—*Twelve Steps and Twelve Traditions*, pp. 24.

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COVID-19 UPDATE

Two new vaccines for COVID-19 were introduced in December, raising hopes that an end to the pandemic and its restrictions on gatherings—including A.A. meetings—is in sight.

The severe restrictions the State of Pennsylvania implemented in early December are set to expire January 4th. However, because the number of new cases is rising exponentially, in-person gatherings will be limited to ten percent of the maximum occupancy of the building in most of the state. Philadelphia County has banned all indoor gatherings until January 15th.

Many, but not all, A.A. meetings in the five-county area remain closed to in-person meetings. See our website aasepia.org for the latest meeting information.

We rely on the fellowship to keep our meeting lists up to date. If your homegroup has made a change recently, please fill out the [meeting changes](#) form online, email the changes to info@aasepia.org, or call the office at 215-923-7900.



CONTACT US

SOUTHEASTERN PENNSYLVANIA
INTERGROUP ASSOCIATION
SEPIA

1903 South Broad Street - 2nd Floor
Philadelphia, PA 19148-2216

HOT LINE 215-923-7900

Email: info@aasepia.org
Website: <https://aasepia.org/>

Attention all A.A. members in Bucks, Chester, Delaware, Montgomery and Philadelphia counties!

Check your meeting listings posted on the SEPIA website and PLEASE inform us of any updates.

Newcomers rely on us to find meetings and we need you to provide us the information!

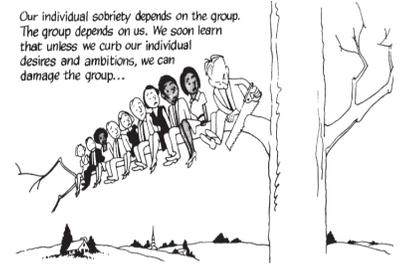
TRADITION *One*

**Our Common Welfare Should Come First,
Personal Recovery Depends Upon AA Unity.**

arteries would no longer carry the life-giving grace of God; His gift to us would be spend aimlessly. Back in their caves, alcoholics would reproach us and say, "What a great thing A.A. might have been!"

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world

Our individual sobriety depends on the group. The group depends on us. We soon learn that unless we curb our individual desires and ambitions, we can damage the group...



—*Twelve Steps and Twelve Traditions*, pp. 129. Copyright © 2004 by Alcoholics Anonymous World Services, Inc.



Seek and Find Unity

A Fresh Start...

*And A Beautiful
New Beginning*

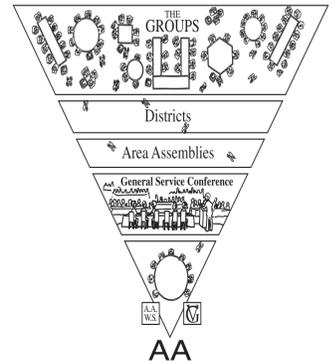
I J K J C I R C J E G F P S S
 I T S L H F L L E I U K I T H
 S S E N S S E L F L E S H R T
 Q P D H O Y P G A O R M S U I
 F K I O A I T C A G O M W C A
 G N I R C R T R N P G R O T F
 P H E N I I M S E R B U L U E
 T U I S O T E O E B W C L R S
 R R O N T R U C N G I U E E O
 P U L R A U O A O Y G L F C P
 V N P F G V T W L S D U V O R
 W K L I E P A R A D O X S M U
 Q E O R I S C E L O H W M M P
 W B Y N O B E D I E N C E O E
 W O R K S H T G N E R T S N Z

ACTION
 COMMON
 FAITH
 FELLOWSHIP
 GROUP
 HARMONY
 LIBERTY
 OBEDIENCE
 PARADOX
 PRINCIPLE

PURPOSE
 RECOVERY
 SELFLESSNESS
 SPIRITUAL
 STRENGTH
 STRUCTURE
 SUGGESTIONS
 WELFARE
 WHOLE
 WORKS

Concept I

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.



Alcoholics Anonymous has been called an upside-down organization because the "ultimate responsibility and final authority for...world services" resides with the groups—rather than with the trustees of the General Service Board or the General Service Office in New York."

The outside world cannot imagine an organization run this way, but Bill calls it "a spiritualized society characterized by enough enlightenment, enough responsibility, and enough love of man and of God to insure that our democracy of world service will work...."



—*The Twelve Concepts Illustrated*. Copyright © 2017 by Alcoholics Anonymous World Services, Inc.

...Continued from Page 1

I joined a home group and took various positions within the group. As time went on, I did service work beyond the group – Intergroup Rep, General Service Rep (GSR), and other General Service work for Area 59. Each job expanded my A.A. world far beyond what I could see from just going to regular meetings. I was amazed about what we do in A.A and absolutely loved it.



I've had the wonderful opportunity over the past ten years to serve on the Area 59 Committee as a District Committee Member (DCM) and at other positions. I've gotten to meet and work with a lot of great people from all over Eastern Pennsylvania and different parts of the country. I've learned how A.A. works to carry the message to alcoholics all over the world who have no idea who we are or that there is a solution. I've learned the real importance of a home group. It's more than just a place where people know me. The home group is ultimately responsible for reaching those alcoholics. We do it through General Service.

Being on committees taught me to think about what is best for A.A. and how to cooperate with people. I got practical lessons on how to practice the Traditions. I would have never gotten this by just reading about it in books. It has helped me in my relationships with people both inside and outside of A.A. The 12 Steps help to clean up my mess. The 12 Traditions help me to keep from making a mess. I believe my life runs a lot more smoothly because of service work.

I've heard that politics is conflict resolution. Everyone wants what's best for AA. Blending those different opinions into an informed group conscience will make sure the hand of AA will always be there. It takes sacrifice because I want to run the show.



The COVID situation provides challenges. (I try to avoid calling them "problems".) Although I'm grateful for online meetings, they just aren't the same as in person. My favorite type of meeting, prison commitments, aren't being held online around here. I am trying to patiently await the time that I can go back to them. This too shall pass.

Enhanced through

SERVICE

There are some benefits from online meetings that I hope will continue even after we've gotten back to "normal". Online meetings can reach people who might be unable to go to in person meetings.

Another benefit is online workshops. These are A.A. events that are like regular meetings, but the focus is on learning how to carry the message to alcoholics who haven't found our meetings yet. With online meetings I can attend workshops all over the world and learn from people with a lot of knowledge of AA. We can also invite Trustees and GSO staff workers to our workshops since they don't have to travel.

I'm optimistic that Alcoholics Anonymous will come out of this even stronger than before.

— Steve S., Glenolden, PA



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebra-

tions given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

**We Are NOT
a Glum Lot!**

FIVE-COUNTY AREA

Visit our website for the most up-to-date information: <https://aasepia.org/news/event-flvers/>.

Sunday, January 10—SEPIA and Area 59—Share-A-Day Planning Meeting (Online): Themes, Topics, and Responsibilities. 12 pm to 3 pm on Zoom ID #889 7926 6515 passcode 011021.

Sunday, January 31—SEPIA 54th Annual Round-Up Planning Meeting (Online): Ideas and suggestions to make it even more successful than last year! 12 pm to 3 pm on Zoom ID #859 4539 9817 passcode 013121.

Friday, February 12—Unity Day for Delaware County and Beyond! (Online): The first Virtual Unity Pitch by the Unity Committee of SEPIA. Starts 12 pm at www.GoToMeeting.me.com ID#478 651 469 or join by phone 1-408-650-3123.

Sunday, February 21—SEPIA and Area 59 EPGSA present the 33rd Annual Share-A-Day Event (Online): Details to be announced.

Friday, April 16 through Sunday, April 18, 2021—SEPIA 54th Annual Round-Up (Online): Details to be announced.

Online Meetings are being held in January 2020.
Become an Intergroup Rep (IGR)!
Contact your Zone Liaison or the SEPIA Office.

MONTHLY ZONE MEETINGS
FOR MONDAY, JANUARY 11TH
SEE PAGE 22 FOR ONLINE VIDEO INFORMATION

INTERGROUPS

GROUPS

A. A. GROUPS

Intergroup Reps

Intergroup Meetings
with Committees

Carrying the message to the alcoholic in prisons, treatment centers, and informing the public is typically carried out in Intergroups

BOOTS ON THE GROUND



Bucks County Zone meets at:

Good Shepherd Lutheran Church
877 Street Road (at Churchville),
Southampton, PA 18966

Online Video Conference

Chester County Zone meets at:

307 Clubhouse, 700 S. Bradford Avenue,
West Chester, PA 19382

Online Video Conference

Delaware County Zone meets at:

The Tree of Life Church
933 Baltimore Pike, Springfield (19064)

Online Video Conference

The **Montgomery County Zone** meets at:

Church of the Messiah, 1001 DeKalb Pike (Rt. 202), Lower Gwynedd, PA 19002

Online Video Conference

The **Philadelphia County Zone** meets at:

St Nicholas Russian Orthodox Church, 817 North 7th Street, Philadelphia (19123)

Online Video Conference



Dr. Silkworth defines alcoholism



Dr. Silkworth
"The Doctor's
Opinion" in the
book "Alcoholics
Anonymous"
in 1939

We believe, and so suggested a few years ago, that the action of alcohol on these chronic alcoholics is a manifestation of an allergy; that the phenomenon of craving is limited to this class and never occurs in the average temperate drinker.

AA pXXVIII
"The Doctor's Opinion"

*We have recovered, and have
been given the power to help
others.*

Alcoholics Anonymous pg. 132



OUTSIDE THE FIVE-COUNTY AREA

SECOND Biarritz International Virtual A.A. Convention (in English): Friday, January 22 to Sunday, January 24 (CET—Paris time zone). An A.A. event full of A.A. fellowship plus AI-Anon & YPAA participation. Organized by the BAB Anglophone AA Group, Biarritz. Information: <https://aavirtualconvention1biarritz.com/>.

57th Annual International Women's Conference (Charlotte, NC) (Online): "The Language of the Heart will be spoken here." Thursday, February 18 to Sunday, February 21. Registration is FREE. Information: www.InternationalWomensConference.org.

NERAASA 2021—Northeast Regional Alcoholics Anonymous Service Assembly (Online): "A virtual experience, a NERAASA like no other." Friday, February 26th through Sunday, February 28th. Registration is \$21.00. Information: www.neraasa.org.

Trying To Drink Myself To Death

I began struggling with my drinking in my 20's. As I sailed through the next 30-year-long drinking career, my alcoholism progressed steadily. Many life situations ended badly. In my wake were a lot of wounded people, including people who cared for me and depended on me. I didn't make it to Alcoholics Anonymous until my mid-50's.

One of the reasons it took me so long to find help in A.A. was that I was misinformed about what A.A. is and what it was not. I was under the impression that A.A. was a quasi-religious organization that would shove the Christian "God" down my throat, requiring me to believe if I wanted help, turning me into a proselytizing, evangelical Christian handing out religious tracts. I wanted no part of that!



I finally reached my bottom and felt my situation was hopeless. I was trying to drink myself to death and found out my plan wasn't working as quickly nor as effectively as I expected. I kept passing out from my drinking before I could drink enough to not wake up.

This progressive illness brought me to a point where I was facing homelessness and for the first time in my life, I was ready to ask for help without dictating the terms or conditions on the help I wanted. I was fortunate in that I had the Veterans Administration health system available to me. I was able to go to a Veterans Administration (VA) psychiatric hospital for detox and extended aftercare.

While in the detox unit of the VA hospital I was encouraged (required) to attend A.A. meetings brought to us patients by members of various local A.A. groups. It was at those meetings that I learned that I had a mistaken/wrong impression of A.A. I learned that I didn't have to believe in any one conception of God or in a higher power in order to begin the program of recovery.

For the first time in a long, long time I had a glimmer of hope. During my four weeks in the detox unit, I got to hear the message of recovery by A.A. members of four or five different homegroups. I was amazed that these people like me (before I crashed and burned) were volunteering their time to talk to us drunks and were even grateful to do so. Thus, began my road to recovery.

It is unfortunate that about 50% of the people who will die of alcoholism or related diseases in 2021 will do so without ever hearing about A.A. or knowing what A.A. is and what it is not. Our primary purpose of reaching out to the still suffering alcoholics that our Fifth Tradition talks about are not the ones that make it to our group meetings, but the ones that don't.

SEPIA does a better job than most A.A. service entities in reaching out to help those still suffering, but the people I see doing service are often the same people year after year.

If you are actively sponsoring people, encourage those you sponsor to step up to service beyond the home group. If you are not tied up sponsoring newcomers yourself, consider stepping up yourself.



—Sam H., Malvern Men's, Frazier, PA



HONESTY
sets you
FREE

NEW YEAR
NEW MOMENTS
NEW ADVENTURES
NEW LESSONS
NEW MEMORIES
NEW CHALLENGES
NEW OPPORTUNITIES

2021



Step 1 Prayer

"Dear Lord, Help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism. "

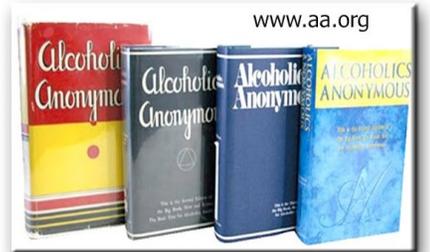
There Is A Solution

ALCOHOLICS ANONYMOUS

This is the Fourth Edition of the Big Book, the Basic Text for Alcoholics Anonymous



WE, OF Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics precisely how we have recovered is the main purpose of this book.



www.aa.org

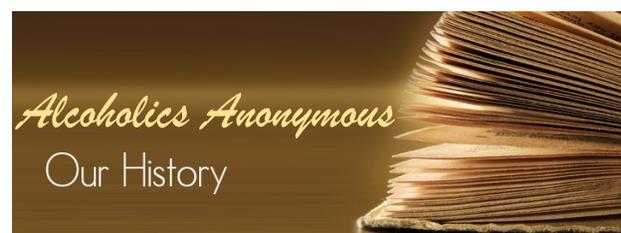
THIS MONTH IN A.A. HISTORY

*** JANUARY ***

- ♦ **January 2, 1889**—Sister Ignatia was born in Ballyhane, Ireland. As the Nurse in Charge of Admissions at St. Thomas Hospital in Akron, Ohio in the 1930's, she championed the idea that alcoholism could be treated medically. She worked closely with Dr. Bob after he got sober on St. Thomas's new alcoholic ward, the first in the country. Sister Ignatia gave each patient a Sacred Heart medallion and made them promise to give it back before picking up a drink. This is possibly the origin of A.A.'s custom of giving out coins for periods of sobriety.
- ♦ **January 6, 2000**—Stephen Poe, compiler of the *Concordance to Alcoholics Anonymous* (Big Book Dictionary) died.
- ♦ **January 10, 1937**—First A.A. meeting not in a home meets at King School, Akron, Ohio.
- ♦ **January 24, 1971**—Bill W, A.A.'s co-founder and author of the Big Book, dies in Miami Beach, Florida at the age of 75.
- ♦ **January 26, 1971**—The *New York Times* publishes Bill W's obituary on page one.
♦ (See page 14-16).
- ♦ **January 30, 1961**—Dr. Carl Jung answers a letter from Bill W. and explains that in regards to treating alcoholism, "Spiritus Contra Spiritum", or "Spirit against spirit". (See pp 10-12).



Dr. Carl Jung, 1875-1961



January 23, 1961
 Professor Dr. C. G. Jung
 Küsnacht-Zürich
 Seestrasse 228
 Switzerland

My dear Dr. Jung:

This letter of great appreciation has been very long overdue.

May I first introduce myself as Bill W., a co-founder of the Society of Alcoholics Anonymous. Though you have surely heard of us, I doubt if you are aware that a certain conversation you once had with one of your patients, a Mr. Roland H., back in the early 1930's, did play a critical role in the founding of our fellowship.

Though Roland H. has long since passed away, the recollection of his remarkable experience while under treatment by you has definitely become part of A.A. history. Our remembrance of Roland H.'s statements about his experience with you is as follows:

Having exhausted other means of recovery from his alcoholism, it was about 1931 that he became your patient. I believe he remained under your care for perhaps a year. His admiration for you was boundless, and he left you with a feeling of much confidence.

To his great consternation, he soon relapsed into intoxication. Certain that you were his "court of last resort," he again returned to your care. Then followed the conversation between you that was to become the first link in the chain of events that led to the founding of Alcoholics Anonymous.

My recollection of his account of that conversation is this: First of all, you frankly told him of his hopelessness, so far as any further medical or psychiatric treatment might be concerned. This candid and humble statement of yours was beyond doubt the first foundation stone upon which our Society has since been built.

Coming from you, one he so trusted and admired, the impact upon him was immense.

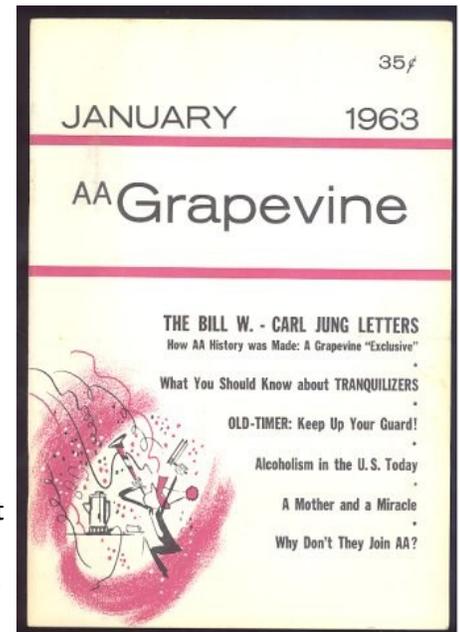
When he then asked you if there was any other hope, you told him that there might be, provided he could become the subject of a spiritual or religious experience—in short, a genuine conversion. You pointed out how such an experience, if brought about, might remotivate him when nothing else could. But you did caution, though, that while such experiences had sometimes brought recovery to alcoholics, they were, nevertheless, comparatively rare. You recommended that he place himself in a religious atmosphere and hope for the best. This I believe was the substance of your advice.

Shortly thereafter, Mr. H. joined the Oxford Group, an evangelical movement then at the height of its success in Europe, and one with which you are doubtless familiar. You will remember their large emphasis upon the principles of self-survey, confession, restitution, and the giving of oneself in service to others. They strongly stressed meditation and prayer. In these surroundings, Roland H. did find a conversion experience that released him for the time being from his compulsion to drink.

Returning to New York, he became very active with the "O.G." here, then led by an Episcopal clergyman, Dr. Samuel Shoemaker. Dr. Shoemaker had been one of the founders of that movement, and his was a powerful personality that carried immense sincerity and conviction.

At this time (1932-34), the Oxford Group had already sobered a number of alcoholics, and Roland, feeling that he could especially identify with these sufferers, addressed himself to the help of still others. One of these chanced to be an old schoolmate of mine, named Edwin T. ["Ebby"]. He had been threatened with commitment to an institution, but Mr. H. and another ex-alcoholic "O.G." member procured his parole, and helped to bring about his sobriety.

Meanwhile, I had run the course of alcoholism and was threatened with commitment myself. Fortunately, I had fallen under the care of a physician—a Dr. William D. Silkworth—who was wonderfully capable of understanding alcoholics. But just as you had given up on Roland, so had he given me up. It was his theory that alcoholism had two components—an obsession that compelled the sufferer to drink against his will and interest, and some sort of metabolism difficulty which he then called an allergy. The alcoholic's compulsion guaranteed that the alcoholic's drinking would go on, and the allergy made sure that the sufferer would finally deteriorate, go insane, or die. Though I had been one of the few he had thought it possible to help, he was finally obliged to tell me of my hopelessness; I, too, would have to be locked up. To me, this was a shattering blow. Just as Roland had been made ready for his conversion experience by you, so had my wonderful friend Dr. Silkworth prepared me.



...Continued on Page 11

...Continued from Page 10

Hearing of my plight, my friend Edwin T. came to see me at my home, where I was drinking. By then, it was November 1934. I had long marked my friend Edwin for a hopeless case. Yet here he was in a very evident state of “release,” which could by no means be accounted for by his mere association for a very short time with the Oxford Group. Yet this obvious state of release, as distinguished from the usual depression, was tremendously convincing. Because he was a kindred sufferer, he could unquestionably communicate with me at great depth. I knew at once that I must find an experience like his, or die.

Again I returned to Dr. Silkworth’s care, where I could be once more sobered and so gain a clearer view of my friend’s experience of release, and of Roland H.’s approach to him.

Clear once more of alcohol, I found myself terribly depressed. This seemed to be caused by my inability to gain the slightest faith. Edwin T. again visited me and repeated the simple Oxford Group formulas. Soon after he left me, I became even more depressed. In utter despair, I cried out, “If there be a God, will he show Himself.” There immediately came to me an illumination of enormous impact and dimension, something which I have since tried to describe in the book *Alcoholics Anonymous* and also in *AA Comes of Age*, basic texts which I am sending you.

My release from the alcohol obsession was immediate. At once, I knew I was a free man. Shortly following my experience, my friend Edwin came to the hospital, bringing me a copy of William James’s *Varieties of Religious Experience*. This book gave me the realization that most conversion experiences, whatever their variety, do have a

common denominator of ego collapse at depth. The individual faces an impossible dilemma. In my case, the dilemma had been created by my compulsive drinking, and the deep feeling of hopelessness had been vastly deepened still more by my alcoholic friend when he acquainted me with your verdict of hopelessness respecting Roland H.

In the wake of my spiritual experience, there came a vision of a society of alcoholics, each identifying with and transmitting his experience to the next—chain style. If each sufferer were to carry the news of the scientific hopelessness of alcoholism to each new prospect, he might be able to lay every newcomer wide open to a transforming spiritual experience. This concept proved to be the foundation of

such success as Alcoholics Anonymous has since achieved. This has made conversion experience—nearly every variety reported by James—available on almost wholesale basis. Our sustained recoveries over the last quarter-century number about 300,000. In America and through the world, there are today 8,000 AA groups.

So to you, to Dr. Shoemaker of the Oxford Group, to William James, and to my own physician, Dr. Silkworth, we of AA own this tremendous benefaction. As you will now clearly see, this astonishing chain of events actually started long ago in your consulting room, and it was directly founded upon your own humility and deep perception.

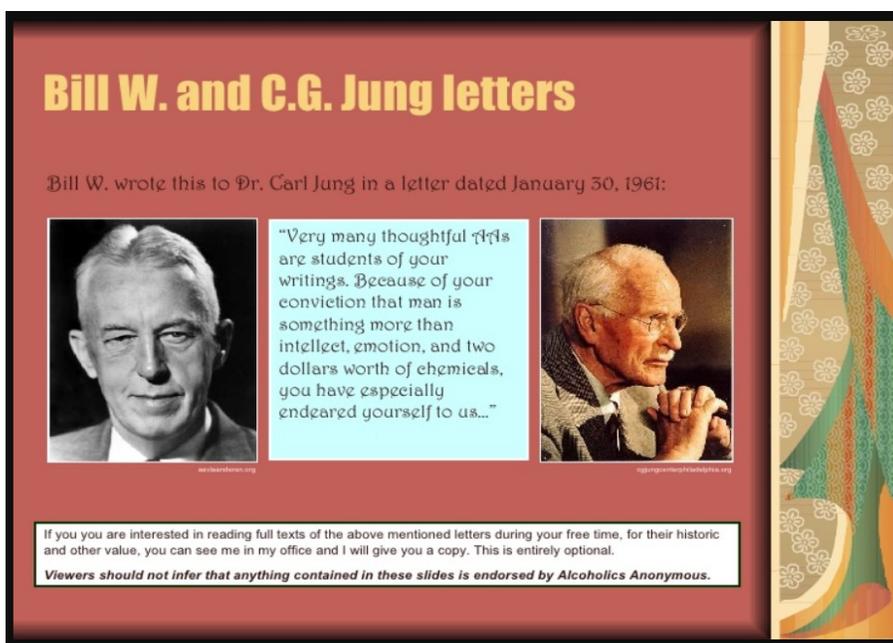
Very many thoughtful AAs are students of your writings. Because of your conviction that man is something more than intellect, emotion, and two dollars’ worth of chemicals, you have especially endeared yourself to us.

How our Society grew, developed its Traditions for unity, and structured its functioning, will be seen in the texts and pamphlet material that I am sending you.

You will also be interested to learn that, in addition to the “spiritual experience,” many AAs report a great variety of psychic phenomena, the cumulative weight of which is very considerable. Other members have—following their recovery in AA—been much helped by your practitioners. A few have been intrigued by the *I Ching* and your remarkable introduction to that work.

Please be certain that your place in the affection, and in the history, of our Fellowship is like no other.

Gratefully yours,
William G. W—



Bill W. and C.G. Jung letters

Bill W. wrote this to Dr. Carl Jung in a letter dated January 30, 1961:

“Very many thoughtful AAs are students of your writings. Because of your conviction that man is something more than intellect, emotion, and two dollars worth of chemicals, you have especially endeared yourself to us...”

If you are interested in reading full texts of the above mentioned letters during your free time, for their historic and other value, you can see me in my office and I will give you a copy. This is entirely optional.

Viewers should not infer that anything contained in these slides is endorsed by Alcoholics Anonymous.

CARL JUNG'S LETTER TO BILL W.

Küsnacht-Zürich
Seestrasse 228
January 30, 1961

Mr. William G. W—
Alcoholics Anonymous
Box 459 Grand Central Station
New York 17, New York

Dear Mr. W.:

Your letter has been very welcome indeed.

I had no news from Roland H. any more and often wondered what has been his fate. Our conversation which he has adequately reported to you had an aspect of which he did not know. The reason that I could not tell him everything was that those days I had to be exceedingly careful of what I said. I had found out that I was misunderstood in every possible way. Thus I was very careful when I talked to Roland H. But what I really thought about was the result of many experiences with men of his kind.

His craving for alcohol was the equivalent, on a low level, of the spiritual thirst of our being for wholeness, expressed in medieval language: the union with God.*

How could one formulate such an insight in a language that is not misunderstood in our days?

The only right and legitimate way to such an experience is that it happens to you in reality, and it can only happen to you when you walk on a path which leads you to higher understanding. You might be led to that goal by an act of grace or through a personal and honest contact with friends, or through a higher education of the mind beyond the confines of mere rationalism. I see from your letter that Roland H. has chosen the second way, which was, under the circumstances, obviously the best one.

I am strongly convinced that the evil principle prevailing in this world leads the unrecognized spiritual need into perdition if it is not counteracted either by real religious insight or by the protective wall of human community. An ordinary man, not protected by an action from above and isolated in society, cannot resist the power of evil, which is called very aptly the Devil. But the use of such words arouses so many mistakes that one can only keep aloof from them as much as possible.

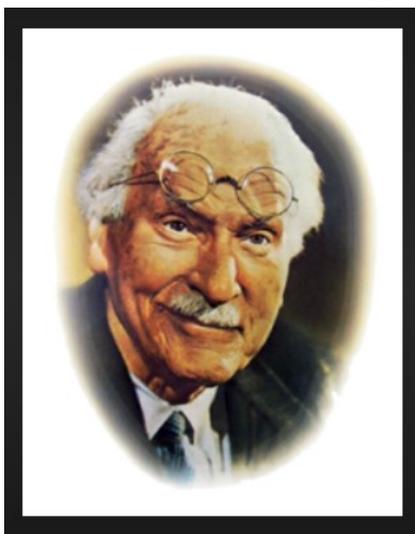
These are the reasons why I could not give a full and sufficient explanation to Roland H., but I am risking it with you because I conclude from your very decent and honest letter that you have acquired a point of view above the misleading platitudes one usually hears about alcoholism.

You see, "alcohol" in Latin is *spiritus*, and you use the same word for the highest religious experience as well as for the most depraving poison. The helpful formula therefore is: *spiritus contra spiritum*.

Thanking you again for your kind letter

I remain

yours sincerely
C.G. Jung



Historical and Spiritual Foundations of the Twelve Steps

- Letter from Bill W. to Dr. Carl Jung on January 23, 1961
- Letter from Dr. Carl Jung to Bill W. on January 30, 1961
- Carl Jung
- Oxford Group
- William James
- Belief in the goodness and magnificence of the individual



Committee Corner

The SEPIA Finance Committee is charged by SEPIA's bylaws to "provide oversight on the Association's financial matters."

So what does that mean?

Our actions are guided by standard accounting practices; the guidelines for non-profit corporations 501(c)(3); and the Twelve Traditions and Twelve Concepts. Our primary responsibility is to ensure that SEPIA's spending is solely for service to A.A. members and especially to the suffering newcomer. We observe Concept Twelve "... taking care that it [SEPIA] never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle." We communicate via the county Intergroup meetings and the SEPIA website. Adherence to the Traditions and Concepts is not easy as it means sometimes we have to refuse "free" money such as corporate donations—even matches for an employee's donations.

The fiscal cycle begins with reviewing the budget requests of the SEPIA office and the SEPIA service committees. Our review respects that the fellowship has elected the best possible trusted servants to perform the duties (Concept Eleven) and that these trusted servants have the "Right of Decision" (Concept Three). We review projected income from fundraisers and from group and individual donations, being mindful that groups honor the Seventh tradition. Budget challenges include events like the decision to move offices triggered by the rent increase proposed by our old landlord. This required trust in the Moving Committee to find a new location and to manage unpredictable moving costs. During the year, we review income and spending against the budget to identify discrepancies in case adjustments have to be made. This can be quite challenging with real-world events ignoring our plans! The COVID pandemic rocked our (financial) world with the loss of revenue from the Round-Up and group donations. Knowing that GSO had dipped into their prudent reserve, we decided instead to reach out to the fellowship for additional individual donations. Their increased contributions enabled us to preserve our prudent reserve for another day!



At year-end we validate the year's data for audit purposes. The final numbers are also used to feed into the following year's budget.

These responsibilities are ripe for conflict and heated discussions—sometimes very heated discussions! We rely heavily on Concept Twelve to manage the decision-making process: "Reach all important decisions by discussion, vote, and whenever possible, substantial unanimity". We adhere to Concept Four as well, the "Right of Participation".

To help us serve A.A. thru SEPIA, join us the third Thursday each month at 7 pm on Zoom (or in the SEPIA office when possible)!

—Diane C., Treasurer for SEPIA
—Gary T., Assistant Treasurer for SEPIA

Committee Meetings for the month of January 2021 are online.

See Page 22 for all the details and share with your IGRs and other interested A.A. Members.

Archives Archives preserves documents, assembles group histories, tapes the stories of members with 20+ years, and makes presentations to groups about the history of A.A. in Philadelphia.	Tuesday – January 11th 7:00 pm Saturday – January 16th 9:00 am Preservation
Cooperation With The Professional Community (CPC) Helps police, medical, and other professionals understand what A.A. is and how it can help their clients.	Monday – January 4th 7:00 pm
Finance Makes recommendations to the Steering Committee and SEPIA office how best to spend Seventh Tradition donations.	Thursday – January 21st 7:00 pm
Interphones and Helping Unite the Sick, Shut-in, Hospitalized and Homebound (HUSHH) Interphones ensures that A.A. is always there by taking calls when the office is closed. HUSHH takes meetings to those unable to attend them.	No meeting in January (Meets last Wednesday of even months)
Prisons and Temporary Contact Prisons takes A.A. meetings behind the walls. Temporary Contact introduces new A.A.'s coming out of prison to our program and escorts them to meetings.	Thursday – January 7th 6:00 pm
Public Information (PI) Conveys information about A.A. to the general public through flyers, mailings, radio spots, health fairs, etc.	Wednesday – January 20th 7:00 pm
Special Events Plans the annual spring Round-Up, the February Share-A-Day event, and more.	Monday – January 25th 7:00 pm
Treatment Facilities (TF) and Bridging the Gap Treatment establishes and oversees A.A. meetings at detoxes and rehabs. Bridging the Gap connects members leaving facilities to meetings in their area.	Monday – January 18th 7:00 pm
Unity Provides information about service opportunities outside the homegroup to groups when invited; plans summer picnic and fall workshop.	Tuesday – January 19th 7:00 pm
Web/Tech Ad Hoc Committee An offshoot of Public Information (PI), Web/Tech programs and manages the website, and provides tech advice and IT support for the office.	Wednesday – January 6th 5:30 pm

Bill W., 75, Dies; Cofounder Of Alcoholics Anonymous

Jan. 27, 1971 - New York Times News Service

NEW YORK — William Griffith Wilson died late Sunday night and, with the announcement of his death, was revealed to have been the Bill W. who cofounded Alcoholics Anonymous in 1935. He was 75.

The retired Wall Street securities analyst had expected to die or to go insane as a hopeless drunk 36 years ago but — after what he called a dramatic spiritual experience — sobered up and stayed sober.

He leaves a program of recovery as a legacy to 47,000 acknowledged alcoholics in 15,000 A.A. groups throughout the United States and in 18 other countries.

Wife Aided Work

Mr. Wilson, whose twangy voice and economy of words reflected his New England origin, died of pneumonia and cardiac complication a few hours after he had been flown by private plane to the Miami Heart Institute in Miami Beach from his home in Bedford Hills, NY.

At his bedside was his wife, Lois, who had remained by him during his years as a “falling down” drunk and who later had worked at his side to aid other alcoholics. She is a founder of the Al-Anon and Alateen groups, which deal with the fears and insecurity suffered by spouses and children of problem drinkers.



Mr. Wilson last spoke publicly last July 5 in a three minute talk he delivered after struggling from a wheelchair to the lectern at the closing session of A.A.'s 35th anniversary international convention in Miami, attended by 11,000 persons. He had been admitted three days earlier to the Miami Heart Institute, his emphysema complicated by pneumonia.

Last Oct. 10, he was under hospital care for acute emphysema and was unable for the first time to attend the A.A. banquet at which his “last-drink anniversary” has been celebrated annually. His greetings were delivered by his wife to the 2,200 A.A. members and guests at the New York Hilton.

Mr. Wilson gave permission to break his A.A. anonymity upon his death in a signed statement in 1966. The role of Dr. Robert Holbrook Smith as the other founder of the worldwide fellowship was disclosed publicly when the Akron Ohio, surgeon died of cancer in 1950.

As Bill W., Mr. Wilson shared what he termed his “experience, strength and hope” in hundreds of talks and writings, but in turn — mindful that he himself was “just another guy named Bill who can’t handle booze” — he heeded the counsel of fellow alcoholics, and declined a salary for his work in behalf of the fellowship.

He supported himself, and later his wife, on royalties from four A.A. books — “Alcoholics Anonymous,” “The Twelve Steps and Twelve Traditions,” “Alcoholics Anonymous Comes of Age” and “The A.A. Way of Life.”

Explained Anonymity

In fathering the doctrine that members should not reveal their A.A. affiliation at the public level, Bill W. had explained that “anonymity isn’t just something to save us from alcoholic shame and stigma; its deeper purpose is to keep those fool egos of ours from running hog wild after money and fame at A.A.’s expense.”

He cited the example of a nationally known radio personality who wrote an autobiography. disclosing his A.A. membership and then spent the royalties crawling the pubs on West 52nd Street.”

Frankness Impressed

In the program’s early years, Mrs. Wilson worked in a department store to augment the family income. Over the years, the gaunt, 6-foot cofounder’s wavy brown hair turned wispy white, and his step slowed. In 1962 he retired from active administration of A.A. affairs and returned to part-time activity in Wall Street. He continued to speak in New York at dinner meeting celebrating the anniversaries of his recovery.

Mr. Wilson shunned oratory and euphemisms and impressed listeners with the simplicity and frankness of his A.A. “story”: In his native East Dorset, VT., where he was born Nov. 26, 1895, and where he attended a two-room elementary school, he recalled, “I was tall and gawky and I felt pretty bad about it because the smarter kids could push me around. I remember being very depressed for a year or more, then I developed a fierce resolve to win — to be a No. 1 man.”

Strength Limited

Bill, whose physical strength and coordination were limited, was goaded by a deep sense of inferiority, yet became captain of his high school baseball team. He learned to play the violin well enough to lead the school orchestra.

He majored in engineering at Norwich University for three years, then enrolled in officers training school when the United States entered World War I. He married Lois Burnham, a Brooklyn physician’s daughter he had met on vacation in Manchester, Vt.

At Army camp in New Bedford, Mass., 2nd Lt. Wilson of the 66th Coast Artillery and fellow officers were entertained by patriotic hostesses, and Bill W. was handed his first drink, a Bronx cocktail. Gone, soon, was his sense of inferiority.

Wife Concerned

“In those Roaring Twenties,” he remembered, “I was drinking to dream great dreams of greater power.” His wife became increasingly concerned, but he assured her that “men of genius conceive their best projects when drunk.”

In the crash of 1929, Mr. Wilson’s funds melted away, but his self-confidence failed to drop. “When men were leaping to their deaths from the towers of high finance,” he noted, “I was disgusted and refused to jump. I went back to the bar. I said, and I believed, ‘that I can build this up once more.’ But I didn’t. My alcoholic obsession had already condemned me. I became a hanger-on in Wall Street.”

Numbing doses of bathtub gin, bootleg whisky and New Jersey applejack became Bill W.’s panacea for all his problems.

Visited by Companion

Late in 1934, he was visited by an old barroom companion, Ebby T., who disclosed that he had attained freedom from a drinking compulsion with help from the First Century Christian Fellowship (now Moral Rearmament); a movement founded in England by the late Dr. Frank N. D. Buchman and often called the Oxford Group. Bill W. was deeply impressed and was desperate, but he said he had not yet reached that level of degradation below which he was unwilling to descend. He felt he had one more prolonged drunk left in him.

Sick, depressed and clutching a bottle of beer, Bill W. staggered a month later into Towns Hospital, an upper Manhattan institution for treatment of alcoholism and drug addiction. Dr William Duncan Silkworth, his friend, put him to bed.

Mr. Wilson recalled then what. Ebby T. had told him: “You admit you are licked; you get honest with yourself. . . you pray to whatever God you think there is, even as an experiment.” Bill W. found himself crying out: “If there is a God, let him show himself, I am ready to do anything, anything!”

“Suddenly,” he related. “the room lit up with a great white light. I was caught up into an ecstasy which there are no words to describe. It seemed that a wind not of air but of spirit was blowing. And then it burst upon me that I was a free man.”

Recovering slowly and fired with enthusiasm, Mr. Wilson envisioned a chain reaction among drunks, one carrying the message of recovery to the next. Emphasizing at first his spiritual regeneration, and working closely with Oxford Groupers, he struggled for months to “sober up the world,” but got almost nowhere.

“Look Bill,” Dr. Silkworth cautioned, “you are preaching at those alkies. You are talking about the Oxford precepts of absolute honesty, purity, unselfishness and love. Give them the medical business, and give it to ‘em hard, about the obsession that condemns them to drink. That – coming from one alcoholic to another – may crack those tough egos deep down.”

Mr. Wilson thereafter concentrated on the basic philosophy that alcoholism is a physical allergy coupled with a mental obsession – an incurable though arrestable – illness of body., mind and spirit. Much later, the disease concept of alcoholism was accepted by a committee of the American Medical Association and by the World Health Organization.

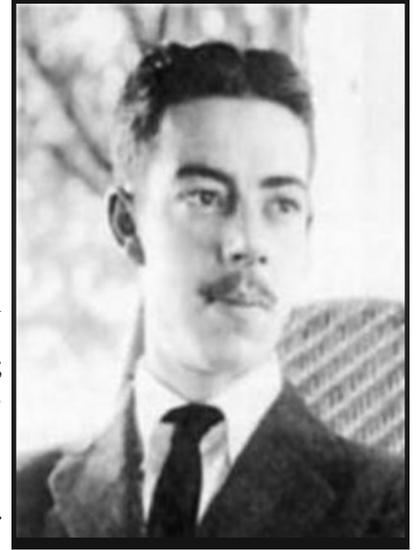
Still dry six months after emerging from the hospital, Mr. Wilson went to Akron to participate in a stock proxy fight. He lost, and was about to lose another bout as he paced outside a bar in the lobby of the Mayflower Hotel. Panicky, he groped for inner strength and remembered that. he had thus far stayed sober trying to help other alcoholics.

Through Oxford Group channels that night, he gained an introduction to Dr. Smith, a surgeon and fellow Vermonter who had vainly sought medical cures and religious help for his compulsive drinking.

Bill W. discussed with the doctor his former drinking pattern and his eventual release from compulsion.

“Bill was the first living human with whom I had ever talked who intelligently discussed my problem from actual experience,” Dr. Bob, as he became known, said later. “He talked my language.”

The new friends agreed to share with each other and with fellow alcoholics their experience, strength and hope. The society of Alcoholics Anonymous was born on June 10, 1935—the day on which Dr. Bob downed his last drink and embraced the new program.



Met With Rockefeller

From 1935 until his death, Mr. Wilson's life and that of A.A. were interwoven. A.A. groups flourished in Akron and in the Wilson apartment at 182 Clinton Street, Brooklyn. Gradually the movement spread, but the early members—and especially the founders—were very poor. When the program was two years old, Bill W. characteristically became impatient, wanting to promote the movement on a grandiose scale.

"We had visions of comfortable and well-paying jobs, chains of A.A. hospitals and tons of free literature for suffering alkie," he said. "Dr. Bob and I met with John D. Rockefeller Jr. in the fall of 1937. We were awfully broke, and hoped now for millions.

"But Mr. Rockefeller had other ideas, and said, 'I think money will spoil this.' He acted accordingly, and A.A. stayed poor. We had earlier been impressed by the philosophy of St. Francis d'Assisi who, in his own movement, had practiced corporate poverty in the belief that the less money and property to quarrel about, the less would be the diversion from their primary purpose. John D. Jr. wisely forced us to live up to that philosophy."

A year later, Alcoholics Anonymous established in New York a General Service Board of nonalcoholics and recovered alcoholics. They were responsible for the publication of literature, for public relations and for management of funds contributed by members for worldwide service projects. The society does not accept contributions from outside sources.

Along with the lesson of corporate poverty, the fellowship decided against affiliation with other organizations, and late in 1937, reluctantly parted company with the Oxford movement.

Tribute to Oxford Group

Nevertheless, Mr. Wilson repeatedly paid tribute to the aid contributed by Oxford Groupers, churches, medicine, psychiatry, health agencies, by the families of A.A. members and by many individuals.

Mr. Wilson called Dr. Smith "the rock on which the A.A. is founded. Under his sponsorship, assisted briefly by myself, the first A.A. group in the world was born in Akron in June, 1935."

Mr. Wilson is survived also by two sisters, Mrs. Leonard Strong of Brandon, Vt., and Mrs. Owen Evans of Green Valley, Ariz.

A private funeral service will be held at the Wilson home Stepping Stones, in Bedford Hills. Interment will be in the family plot in East Dorset.

Members of A.A. throughout the world will pay tribute to Mr. Wilson with group memorial services on Feb. 14.

Mr. John D. Rockefeller, Jr.
requests the pleasure of your company
at dinner
on Thursday, the eighth of February
at seven o'clock
The Union Club
Park Avenue and 69th Street
Mr. William G. Wilson, author of
"Alcoholics Anonymous"
and Dr. Harry Emerson Fosdick
will speak on an Effective control of alcoholism
Rm. 310
30 Rockefeller Plaza Business Suit

Bill W., 75, Dies; Cofounder Of Alcoholics Anonymous

New York Times News Service
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WILLIAM G. WILSON—AP

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Explained Anonymity
In fathering the doctrine that members should not reveal their A.A. affiliation at the department store to avoid money and fame at A.A.'s expense.

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He majored in engineering at Norwich University for three years, then enrolled in officer's training school when the United States entered World War I. He married Lois Eurnathan, a Brooklyn physician's daughter he had met on vacation in Manchester, Vt., at an Army camp in New Bedford, Mass., 2nd Lt. Wilson of the 6th Coast Artillery and fellow officers were entertained by patriotic hostesses.

And Bill W. was headed and first drink, a Bronx cocktail. Comp. soon, was his sense of inferiority.

Frankness Impressed
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Over the years, the gaunt, hair turned wavy white, and his step slowed. In 1962 he retired from active administration of A.A. affairs and returned to part-time activity in Wall Street. He continued to speak in New York at dinner meetings celebrating the anniversary of his recovery.

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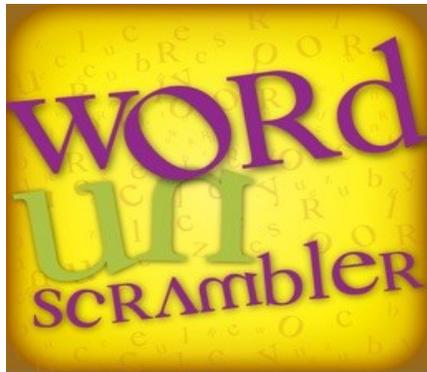
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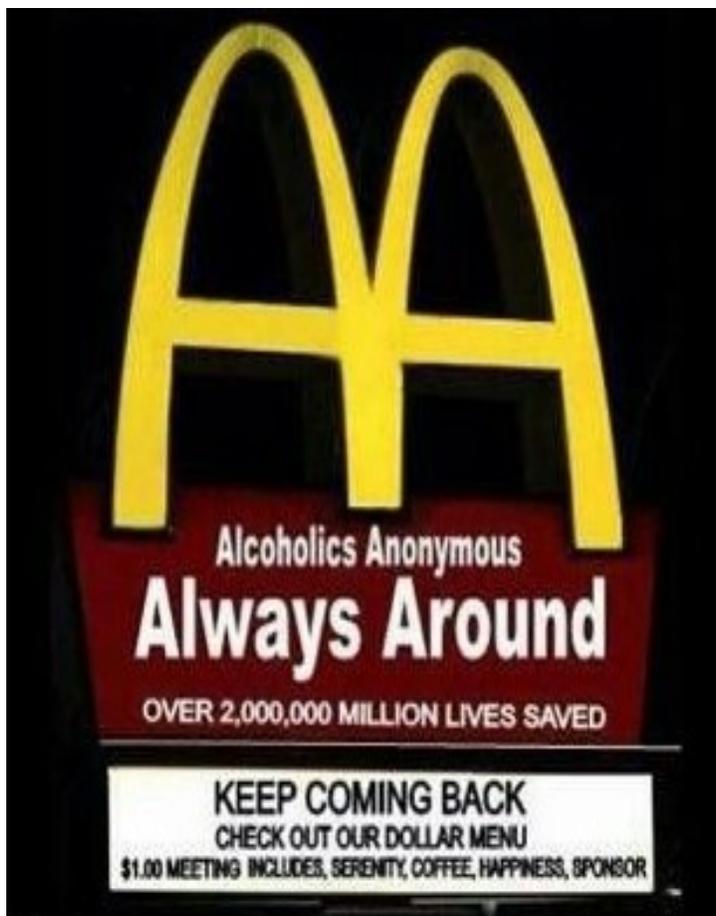


Go ahead and challenge yourself!
How many words can you come up with?

- | | |
|---------------------------|---------------------------|
| 2 letter words (16 words) | 5 letter words (23 words) |
| 3 letter words (47 words) | 6 letter words (4 words) |
| 4 letter words (45 words) | 7 letter word (2 words) |

N₁ E₁ W₄ C₃ O₁ M₃ E₁ R₁

Total Words Found: 137



2021 SEPIA Virtual Round-Up



**Open to all
Members!**

Be Creative... Be Unique... Be Inspired...

Theme: "Acceptance Is The Answer"

***DEADLINE for all submissions is
Monday, February 18th.***

Send to both vicechairperson@aasepia.org and manager@aasepia.org

***The winner receives \$150 and their artwork
will be used on program and Round-Up items.***

SEPIA Office Holiday Hours

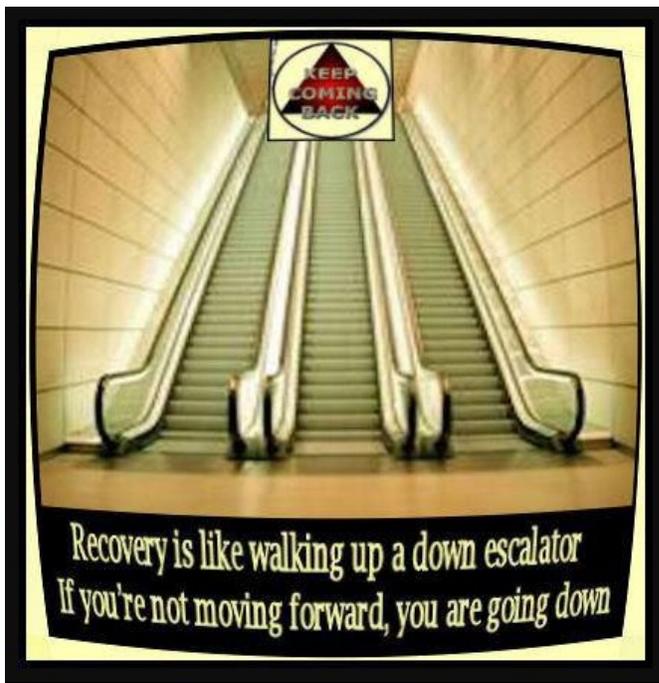
The SEPIA Staff will work from home on New Year's Eve, Thursday, December 31st. The office will be closed on Friday, January 1st in observance of the holiday. Orders placed will be processed when we reopen on Monday, January 4th.

*We wish the fellowship of A.A.
a safe and Sober Holiday!*

*Before you pick up
a drink, call us!*

Our hotline volunteers will be available
24 hours a day if you need help:
215-923-7900.





Pet of the Month



We adopted Zelda at age 6, when her previous family had to move abruptly. She did not adjust well at first. She eyed me suspiciously when I brought her food and lashed out with her claws when I tried to touch her. Yet, when I would go to leave, she would place herself between me and the closed door and grab at my hand on the knob, as if she did not want me to go. I sensed there was a loving cat in there, hidden in the darkness.

She started to come out of her shell when I got her a toy on a string that she couldn't resist chasing. She started doing "drive-bys", where she would run by my leg, rub up against it, and then be out of reach again.

After six months in the back room, she strolled out and took over the bedroom, letting the other cats know there was a new queen in town. Today, she loves being petted and her loud, enthusiastic purrs can be heard all the way downstairs. She enjoys attending phone meetings with me, and especially loves sitting on the Big Book. She is a great example of resilience and of what A.A. has taught me—to live in the moment, to be content with what you have, and to not dwell on the past.

—Kris H., Philadelphia



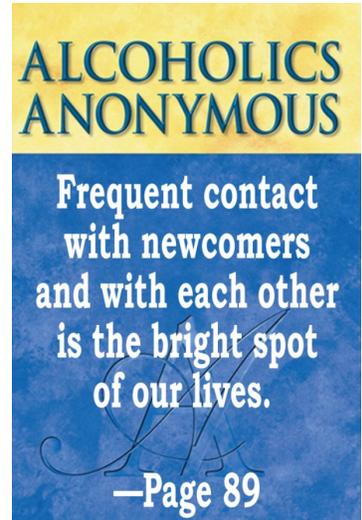
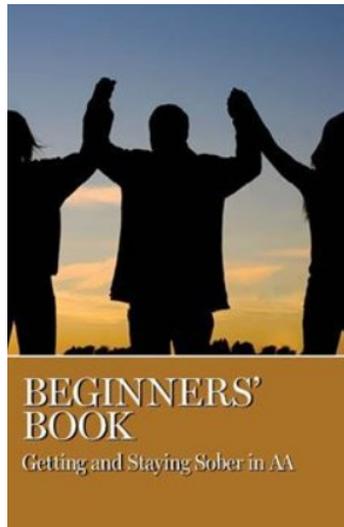
P-1 - This Is A.A. - An introduction to the A.A. recovery program

Introductory pamphlet describing the kind of people A.A.s are and what A.A.s have learned about alcoholism. For anyone who thinks he or she may have a problem with alcohol.

Visit the SEPIA website to place your order or call 215-923-7900
<https://sepialiterature.info/>

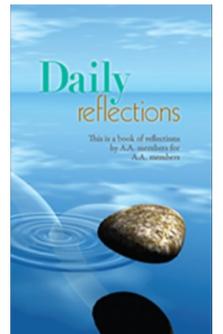
We have Beginner Packets!

Curbside
PICK UP



Is A.A. for You?

Only you can decide whether you want to give Alcoholics Anonymous a try—whether you think it can help you. We who are in A.A. came because we finally gave up trying to control our drinking. We still hated to admit that we could never drink safely. Then we heard from other A.A. members that we were sick. (We thought so for years!) We found out that many people suffered from the same feelings of guilt and loneliness and hopelessness that we did. We found out that we had these feelings because we had the disease of alcoholism. We decided to try to face up to what alcohol had done to us. Here are some of the **questions** we tried to answer honestly. If we answered **YES** to four or more questions, we were in deep trouble with our drinking. See how you do. Remember, there is no disgrace in facing up to the fact that you have a problem.



January 2021



All A.A. members are encouraged to join a committee and help carry the A.A. message.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Committee meetings are open to all A.A. members unless listed as “closed” .					1 SEPIA OFFICE Closed	
	4 CPC COMMITTEE 7:00 pm	5	6 Website/Tech 5:30 pm STEERING COMMITTEE 7:00 pm (closed)	7 TEMPORARY CONTACT and PRISON COMMITTEE 6:00 pm	8 <i>Intergroup Noon A.A. Meeting (suspended)</i>	
10	11 ALL FIVE COUNTY ZONE MEETINGS 7:00 pm <i>(see below for locations)</i>	12 ARCHIVES COMMITTEE 7:00 pm	13	14	15 <i>Intergroup Noon A.A. Meeting (suspended)</i>	16 ARCHIVES PRESERVATION 9:00 am
17	18 TREATMENT and BRIDGING THE GAP COMMITTEE 7:00 pm	19 UNITY COMMITTEE 7:00 pm	20 PUBLIC INFO COMMITTEE 7:00 pm	21 FINANCE COMMITTEE 7:00 pm	22 <i>Intergroup Noon A.A. Meeting (suspended)</i>	23
24	25 SPECIAL EVENTS COMMITTEE 7:00 pm	26	27	28	29 <i>Intergroup Noon A.A. Meeting (suspended)</i>	30
31						

Zone meetings may be cancelled, rescheduled, or moved to phone/web conferencing this month. Contact your Zone liaison or SEPIA.

Bucks County: Good Shepherd Lutheran Church, 877 Street Rd (& Churchville/Knowles), Southampton, PA 18966

Chester County: 307 Clubhouse, 700 South Bradford Ave, West Chester, PA 19382

Delaware County: Tree of Life Church, 933 Baltimore Pike (& Church Rd), Springfield, PA 19064

Montgomery County: Church of Messiah, 1001 DeKalb Pike (Rt. 202 south of Sumneytown Pike), Lower Gwynedd, PA 19002

Philadelphia: St. Nicholas Russian Orthodox Church, 817 North 7th St, Philadelphia, PA 19123

All Zones Meet at 7:00 pm

SEPIA Online Video 12 Step Committee and Zone Meeting - December 2020 - October 2021

Committee Name	Day	Date	Time	Meeting ID	Passcode	Link	Dial-In #
CPC COMMITTEE	Monday	12-7-2020	7:00 PM	869 6733 4672 (Zoom)	SEPIA1903	https://us02web.zoom.us/j/86967334672?pwd=ZkwvOHYvZ3M3a2NoaHMtSGNGK1duZz09	1-646-558-8656
WEB/TECH COMMITTEE	Wednesday	12-9-2020	5:30 PM	215 1234 215	12341234	https://zoom.us/j/2151234215?pwd=WjZMeExzU1ErUUU0U0UpxS1BpRmc2QT09	1-646-558-8656
PRISON COMMITTEE	Thursday	12-3-2020	6:00 PM	897 4545 6774 (Zoom)	SEPIA	https://us02web.zoom.us/j/89745456774?pwd=MEVvVzRiRiR1SmxLMiF3a2FLa3VuUT09	1-646-558-8656
BUCKS COUNTY ZONE	Monday	12-14-2020	7:00 PM	833 9712 5709 (Zoom)	722722	https://us02web.zoom.us/j/83397125709?pwd=Ykh4T0s3aINPUkIrRgpWNWE1bHJKZz09	1-301-715-8592
CHESTER COUNTY ZONE	Monday	12-14-2020	7:00 PM	892 2781 6366 (Zoom)	266565	https://us02web.zoom.us/j/89227816366?pwd=SzBhR0pZUIVeklzT21HZDRKRkhnZz09	1-646-558-8656
DELAWARE COUNTY	Monday	12-14-2020	7:00 PM	893 8092 9799 (Zoom)	451451	https://us02web.zoom.us/j/89380929799?pwd=UDRCUU9FRjY1ZEZSbHdQRG5ndkd5QT09	1-646-558-8656
MONTGOMERY COUNTY	Monday	12-14-2020	7:00 PM	829 0440 1504 (Zoom)	351351	https://us02web.zoom.us/j/82904401504?pwd=N0l6Zm54S1dKMEczdHJwY3F2Ukx4Zz09	1-646-558-8656
PHILADELPHIA ZONE	Monday	12-14-2020	7:00 PM	846 4472 6194 (Zoom)	224224	https://us02web.zoom.us/j/84644726194?pwd=TkvVWnAwNm41eJl1aGhwL1hjQjArZz09	1-646-558-8656
ARCHIVES COMMITTEE	Tuesday	12-8-2020	7:00 PM	832 4414 8913 (Zoom)	SEPIA	https://us02web.zoom.us/j/83244148913?pwd=b2JqbmlzQ0dBOVJURjJlMDNRYy9lQT09	1-646-558-8656
INTERPHONES	Wednesday	12-30-2020	7:00 PM	822 1987 3872 (Zoom)	SEPIA	https://us02web.zoom.us/j/82219873872?pwd=UG5VR0lvMHJTRXAvUm5OQXE4Q0tNQT09	1-646-558-8656
PUBLIC INFORMATION (PI)	Wednesday	12-16-2020	7:00 PM	882 5844 9206 (Zoom)	SEPIA	https://us02web.zoom.us/j/88258449206?pwd=cWIPd2ZSUlVWHcVbndyeXA4SFAwUT09	1-646-558-8656
TREATMENT FACILITIES	Monday	12-21-2020	7:00 PM	881 4239 6509 (Zoom)	805478	https://us02web.zoom.us/j/88142396509?pwd=ZU00WmFMWnRjSWt5VXJUU3NBdExtZz09	1-646-558-8656
UNITY COMMITTEE	Tuesday	12-15-2020	7:00 PM	896 4619 2235 (Zoom)	SEPIA	https://us02web.zoom.us/j/89646192235?pwd=VTRHdXRnNiNkZmxHZXJPeTltaGZNUt09	1-646-558-8656
FINANCE	Thursday	12-17-2020	7:00 PM	842 4075 5543 (Zoom)	SEPIA	https://us02web.zoom.us/j/84240755543?pwd=ejJlZEFMTjEENDR6cHUxVmF1ci9DZz09	1-646-558-8656
SPECIAL EVENTS	Monday	12-28-2020	7:00 PM	834 2923 8954 (Zoom)	797795	https://us02web.zoom.us/j/83429238954?pwd=c2l2N05jbGFGMFpXQTl5TdiU0FMUT09	1-646-558-8656



DECEMBER GROUP CONTRIBUTIONS

FROM 12/1/2020 TO 12/30/2020

GSO #	GROUP NAME	DONATION
0	A.A. KINDERGARTEN	\$200.00
117291	ACCEPTANCE	\$277.50
146911	BIG BOOK STUDY	\$60.00
713353	BLACK HORSE	\$50.00
171471	BRYN MAWR EARLY BIRDS	\$400.00
138082	BRYN MAWR WEDNESDAY NIGHT STEP	\$150.00
613995	EARLY NIGHT OUT	\$300.00
171420	EAST GREENVILLE	\$50.00
112104	FIFTH CHAPTER	\$110.50
641664	FIRST THINGS FIRST	\$500.00
149870	FLOURTOWN 8:30	\$200.00
111814	FLOURTOWN SIX	\$200.00
694331	FLOURTOWN WOMEN'S	\$200.00
104724	FOGLIFTERS	\$500.00
692217	FREEDOM IN THE PARK	\$155.00
665432	FREEDOM THROUGH THE STEPS	\$40.00
147469	FRESH START	\$300.00
134612	GAS WORKS	\$305.00
112232	GOYA	\$50.00
676709	HIGHLAND PARK	\$120.00
677179	I AM RESPONSIBLE	\$180.00
175631	KEEP IT GREEN	\$200.00
125632	KEEP IT SIMPLE	\$25.00
112034	KING OF PRUSSIA	\$500.00
131862	LANGHORNE ACTION	\$200.00
171740	MANAYUNK BIG BOOK	\$100.00
167635	MANOR OF LIVING	\$40.00
0	Meditation on the Steps	\$500.00
172596	MID-DAY MIRACLES	\$445.43
711539	MUMBAUERSVILLE BIG BOOK	\$60.00
112144	NORTH PHILADELPHIA	\$340.75
112109	OAKMONT	\$102.08
706491	ON AWAKENING	\$400.00
164832	ORELAND BEGINNERS	\$240.00
112115	PAOLI	\$115.72
112147	PARKSIDE	\$32.50
702853	RECOVERY BY THE BOOK	\$50.00
112257	SELLERSVILLE	\$50.00



DECEMBER GROUP CONTRIBUTIONS

FROM 12/1/2020 TO 12/30/2020

GSO #	GROUP NAME	DONATION
705806	SIMPLE AT SEVEN	\$200.00
603122	SOBRIETY AT SEVEN	\$1,150.00
691574	STEPS TO FREEDOM - WOMEN'S	\$150.00
126780	SUNDAY SERENITY STEP	\$268.00
634439	SUNRISERS	\$212.50
120295	SUNSHINE	\$150.00
142738	TAKE ACTION	\$150.00
111781	THRESHOLD	\$480.00
179592	TUESDAY MORNING A.A.	\$245.00
600690	WAKE UP	\$225.00
719525	WE ARE NOT SAINTS	\$1,250.00
144643	WEEKENDERS	\$200.00
699032	WOMEN OF GRACE	\$200.00
614284	WOMEN'S STEPS FOR CHANGE	\$100.00

Total from 12/1/2020 to 12/30/2020: \$12,729.98

SEPIA
Profit & Loss Budget vs. Actual
 November 2019 through October 2020

	Nov '19 - Oct 20	Budget	\$ Over Budget	% of Budget
Ordinary Income/Expense				
Income				
Breakfasts/Dinner Dance/Comedy	6,020.72	14,999.88	-8,979.16	40.1%
RU Income				
RU Registrations	5,797.00			
RU Banquet	2,205.00			
RU Tees	1,111.40			
RU Hoodies	3,894.00			
RU Prison lit big book donation	360.00			
RU Extra donation to SEPIA	145.00			
RU Donation newcomer to attend	346.00			
RU Miscellaneous	1,039.63			
RU Income - Other	0.00	60,000.00	-60,000.00	0.0%
Total RU Income	14,898.03	60,000.00	-45,101.97	24.8%
Contributions				
BB & Literature for Prisons	221.00	999.96	-778.96	22.1%
Group Contributions	201,514.93	180,000.00	21,514.93	112.0%
Individual Contributions	44,432.45	6,000.00	38,432.45	740.5%
Other Contributions	1,379.31	5,000.04	-3,620.73	27.6%
Contributions - Other	100.00			
Total Contributions	247,647.69	192,000.00	55,647.69	129.0%
Literature				
75th Anniv 80th Anniv	50.00			
Discount from Vendors	7.99			
Literature - Other	83,624.95	144,999.96	-61,375.01	57.7%
Total Literature	83,682.94	144,999.96	-61,317.02	57.7%
Miscellaneous Income				
Interest Income	2,699.92	1,500.00	1,199.92	180.0%
Interviews	497.46	500.04	-2.58	99.5%
Other Revenue	-102.56	699.96	-802.52	-14.7%
Miscellaneous Income - Other	3,089.12	0.00	3,089.12	100.0%
Total Miscellaneous Income	6,183.94	2,700.00	3,483.94	229.0%
Total Income	358,433.32	414,699.84	-56,266.52	86.4%
Cost of Goods Sold				
Cost of Goods Sold				
Discounts & Allowances	-2.50			
Inventory Adjustment	-544.10			
Literature Expenses				
AAWS and GPV	10.00			
Postage for Literature	1,326.79	3,000.00	-1,673.21	44.2%

SEPIA
Profit & Loss Budget vs. Actual
 November 2019 through October 2020

	Nov '19 - Oct 20	Budget	\$ Over Budget	% of Budget
Literature Expenses - Other	24.48	0.00	24.48	100.0%
Total Literature Expenses	1,361.27	3,000.00	-1,638.73	45.4%
Cost of Goods Sold - Other	66,631.26	120,000.00	-53,368.74	55.5%
Total Cost of Goods Sold	67,445.93	123,000.00	-55,554.07	54.8%
Purchase Discounts	0.01			
Total COGS	67,445.94	123,000.00	-55,554.06	54.8%
Gross Profit	290,987.38	291,699.84	-712.46	99.8%
Expense				
Uncategorized Expenses	1,435.02			
Breakfast Expenses				
Breakfast Expense-Bucks Facility	300.00	5,000.04	-4,700.04	6.0%
Total Breakfast Expense-Bucks	300.00	5,000.04	-4,700.04	6.0%
Breakfast Expenses - Other	40.00	0.00	40.00	100.0%
Total Breakfast Expenses	340.00	5,000.04	-4,660.04	6.8%
Dinner Dance/Comedy Expenses				
Caterer-Dinner Dance/Comedy	0.00	9,999.96	-9,999.96	0.0%
Dinner Dance/Comedy Expenses - Other	0.00	0.00	0.00	0.0%
Total Dinner Dance/Comedy Expenses	0.00	9,999.96	-9,999.96	0.0%
Round Up				
RU Commemorative Pins	1,050.00			
RU Entertainment	0.00			
RU Food and Supplies	340.90			
RU Merchandise for Sale	8,956.55			
RU Registration Supplies	434.97			
Round Up - Other	25.00	30,000.00	-29,975.00	0.1%
Total Round Up	10,807.42	30,000.00	-19,192.58	36.0%
Share-A-Day	300.00	300.00	0.00	100.0%
Committees & Zones				
Bucks County Zone	341.00	450.00	-109.00	75.8%
Chester County Zone	300.00	600.00	-300.00	50.0%
Delaware County Zone	320.00	399.96	-79.96	80.0%
Montgomery County Zone	235.99	600.00	-364.01	39.3%
Philadelphia County Zone	996.20	2,199.96	-1,203.76	45.3%
Archives Committee	0.00	600.00	-600.00	0.0%
Cooperation with Professionals	0.00	200.04	-200.04	0.0%

SEPIA
Profit & Loss Budget vs. Actual
 November 2019 through October 2020

	Nov '19 - Oct 20	Budget	\$ Over Budget	% of Budget
Interphones Committee	4,868.91	4,700.04	168.87	103.6%
Prisons Committee	7,719.38	9,999.96	-2,280.58	77.2%
Public Information Committee	1,262.95	3,000.00	-1,737.05	42.1%
Treatment Facilities Committee	1,320.90	3,000.00	-1,679.10	44.0%
Unity Committee	0.00	1,400.04	-1,400.04	0.0%
Comittees & Zones - Other	21.03			
Total Comittees & Zones	17,386.36	27,150.00	-9,763.64	64.0%
Travel & Training				
Nat'l AA Technology Workshop	0.00	2,499.96	-2,499.96	0.0%
Office Manager Seminar	30.79	2,499.96	-2,469.17	1.2%
Travel & Training - Other	381.40	0.00	381.40	100.0%
Total Travel & Training	412.19	4,999.92	-4,587.73	8.2%
Miscellaneous				
Prior Year Expense	3,646.95			
Reconciliation Discrepancies	-55.67			
Miscellaneous - Other	19.37			
Total Miscellaneous	3,610.65			
Office Expenses				
Utilities	0.00	0.00	0.00	0.0%
Square Fee	212.84	0.00	212.84	100.0%
Office Manager Cell Phone	566.63	0.00	566.63	100.0%
Cleaning	2,400.00	0.00	2,400.00	100.0%
Computer Consultant	1,050.00	3,000.00	-1,950.00	35.0%
Computer/Fax Equipment	813.59	3,000.00	-2,186.41	27.1%
Copier Lease Service Supplies	7,828.51	9,000.00	-1,171.49	87.0%
CPA/Professional Services	5,077.80	6,500.04	-1,422.24	78.1%
Insurance-Liability/D&O/WC	824.71	6,999.96	-6,175.25	11.8%
Office Rent	32,787.54	45,819.96	-13,032.42	71.6%
Office Supplies	10,993.95	9,200.04	1,793.91	119.5%
Parking & Transportation	1,768.01	0.00	1,768.01	100.0%
PayPal Fee	2,304.86	2,499.96	-195.10	92.2%
Payroll Service Fee	793.08	1,500.00	-706.92	52.9%
PNC Merchant Interchnq	1,720.74	3,000.00	-1,279.26	57.4%
Telephone/Internet	2,760.36	2,000.04	760.32	138.0%
USPS	84.24	1,599.96	-1,515.72	5.3%
Web Hosting/Storage	579.93	1,500.00	-920.07	38.7%
Office Expenses - Other	1,392.70	0.00	1,392.70	100.0%
Total Office Expenses	73,959.49	95,619.96	-21,660.47	77.3%
Salary and Benefits				
Compensation	134,480.84	159,999.96	-25,519.12	84.1%

1:53 PM

12/30/20

Accrual Basis

SEPIA
Profit & Loss Budget vs. Actual
November 2019 through October 2020

	Nov '19 - Oct 20	Budget	\$ Over Budget	% of Budget
Employee Benefits	22,280.59	9,000.00	13,280.59	247.6%
Employer Taxes	12,031.37	14,000.04	-1,968.67	85.9%
Total Salary and Benefits	168,792.80	183,000.00	-14,207.20	92.2%
Total Expense	277,043.93	356,069.88	-79,025.95	77.8%
Net Ordinary Income	13,943.45	-64,370.04	78,313.49	-21.7%
Other Income/Expense				
Other Expense				
PRIOR YEAR ADJUSTMENTS	0.00	0.00	0.00	0.0%
Total Other Expense	0.00	0.00	0.00	0.0%
Net Other Income	0.00	0.00	0.00	0.0%
Net Income	13,943.45	-64,370.04	78,313.49	-21.7%

Hey!! It's that time again!!

SEPIA is having a ZOOM PLANNING MEETING FOR OUR 2021 ANNUAL ROUND UP

Still going strong for 54 years!!

Time: Sunday, Jan 31, 2021

12:00 Noon ~ 3:00pm

Where: The Comfort of your own home!

1. We will be choosing the Meeting Topics
2. Meeting Chairs will be selected
3. Hospitality Room Sign Ups
4. Gathering ideas and suggestions to make the Round Up even more successful than it was last year!

Please Join Us!!

Join Zoom Meeting

<https://us02web.zoom.us/j/85945399817?pwd=Q2lXd2toY2huWldFek1CWUREODdVdz09>

Meeting ID: 859 4539 9817

Passcode: 013121

One tap mobile

+13126266799,,85945399817# US (Chicago)

+16465588656,,85945399817# US (New York)

Meeting ID: 859 4539 9817

The ROUND UP this year will be April 16-18, 2021